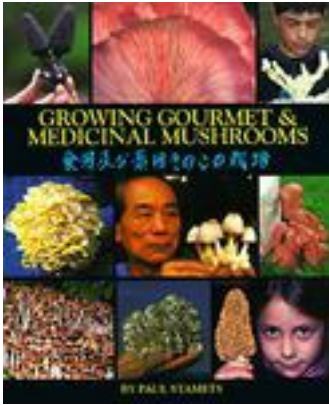


Growing Gourmet and Medicinal Mushrooms



[Growing Gourmet and Medicinal Mushrooms 下载链接1](#)

著者:Paul Stamets

出版者:Ten Speed Press

出版时间:2000-10-25

装帧:Paperback

isbn:9781580081757

After years of living in awe of the mysterious fungi known as mushrooms-chefs, health enthusiasts, and home cooks alike can't get enough of these rich, delicate morsels. With updated production techniques for home and commercial cultivation, detailed growth parameters for 31 mushroom species, a trouble-shooting guide, and handy gardening tips, this revised and updated handbook will make your mycological landscapes the envy of the neighborhood.

作者介绍:

PAUL STAMETS is the founder of Fungi Perfecti and codirector and founder of the Rainforest Mushroom Genome and Mycodiversity Preservation Project. He is the author of two seminal textbooks, *The Mushroom Cultivator* and *GROWING GOURMET AND MEDICINAL MUSHROOMS*, has been published in numerous journals, and is presenting more lectures on mycology than he can keep track of. An advisor and consultant to the Program for Integrative Medicine at the University of Arizona Medical School and the 1998 recipient of the Collective Heritage Institute's Bioneers Award, Stamets lives in

Kamilche Point, Washington with his collection of more than 250 medicinal mushroom cultures.

目录:

[Growing Gourmet and Medicinal Mushrooms_下载链接1](#)

标签

评论

[Growing Gourmet and Medicinal Mushrooms_下载链接1](#)

书评

[Growing Gourmet and Medicinal Mushrooms_下载链接1](#)