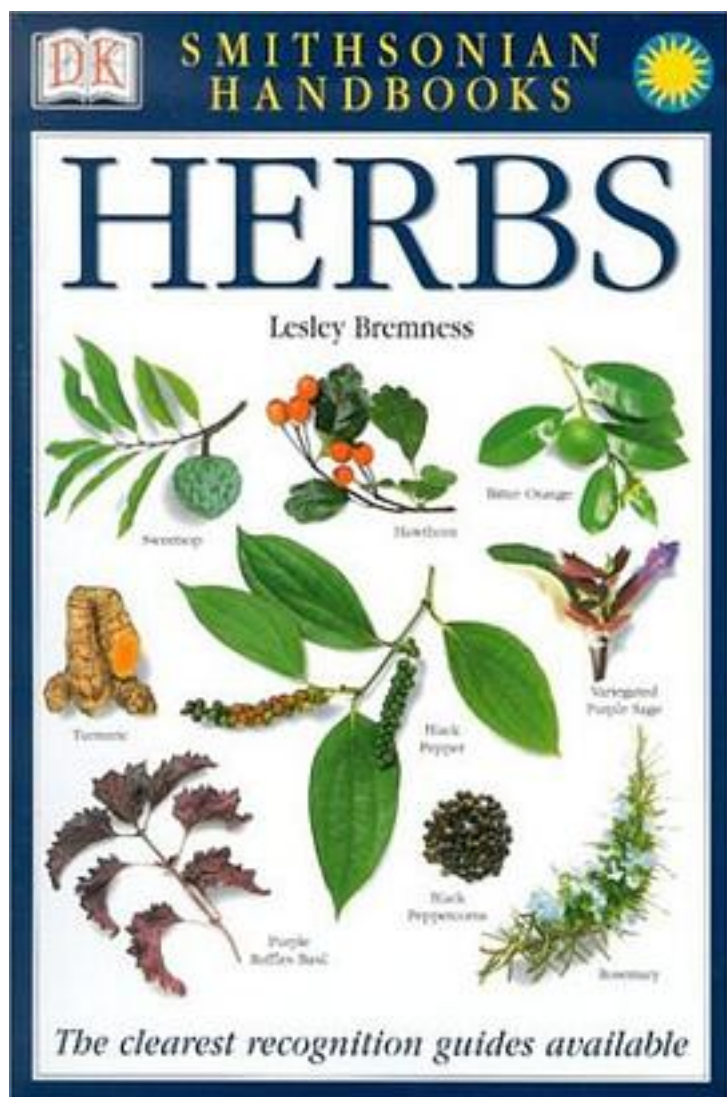


# Herbs



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著者:Varney, Bill/ Varney, Sylvia/ Millard, Scott

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Bill and Sylvia Varney share their hands-on knowledge of herbs gained through two decades of experience in herb farming. In this practical book, they show how herbs can make everyday living more interesting -- and more flavorful -- with practical instruction in-- using herbs in recipes from breads to vinegars; -- creating natural herb lotions, bath salts, and oils; -- growing herbs in containers; -- planning herb gardens for culinary, medicinal, cosmetic, and fragrance use.

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