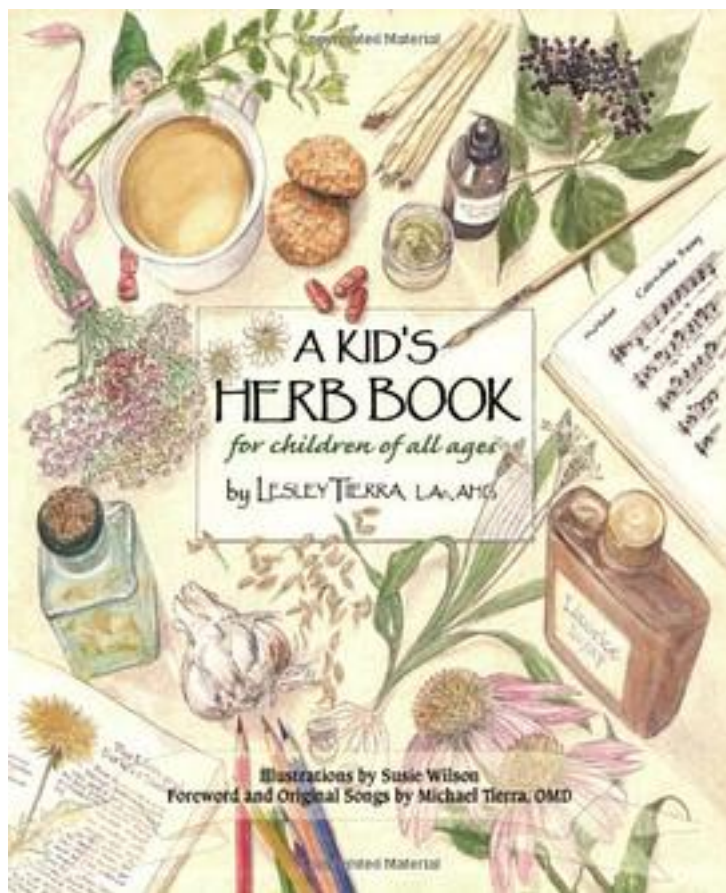


# Kids Herb Book



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著者:Tierra, Lesley

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Explore the mysterious world of herbs with this magical, herbal workbook: Make your own healing potions, secret remedies, magical salves, enchanted syrups and special healing remedies. Recipes, projects, delightful stories, chant herbal songs, colour in pictures, activities, grow your own garden, create healing herbal preparations! This book makes learning about herbs and plants fun and educational for children. They

follow the friendly elf, Mr. Greenleaf, through the plant "kin-dom". They learn various uses of plants and they learn to appreciate vital things that plants provide, such as oxygen, food, soap, wood, teas, and medicines. They will discover the differences between herbs, weeds, and spices. They learn to make products from herbs, such as natural toothbrushes and home-made cough medicine. They learn about the healing properties of specific herbs. And they learn enchanting stories that can be read aloud and that awaken the imagination. The book includes delicious recipes for such culinary delights as "Basil Pesto" and "Rose Petal Jam". Children and their parents are encouraged to grow their own herb gardens.

作者介绍:

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