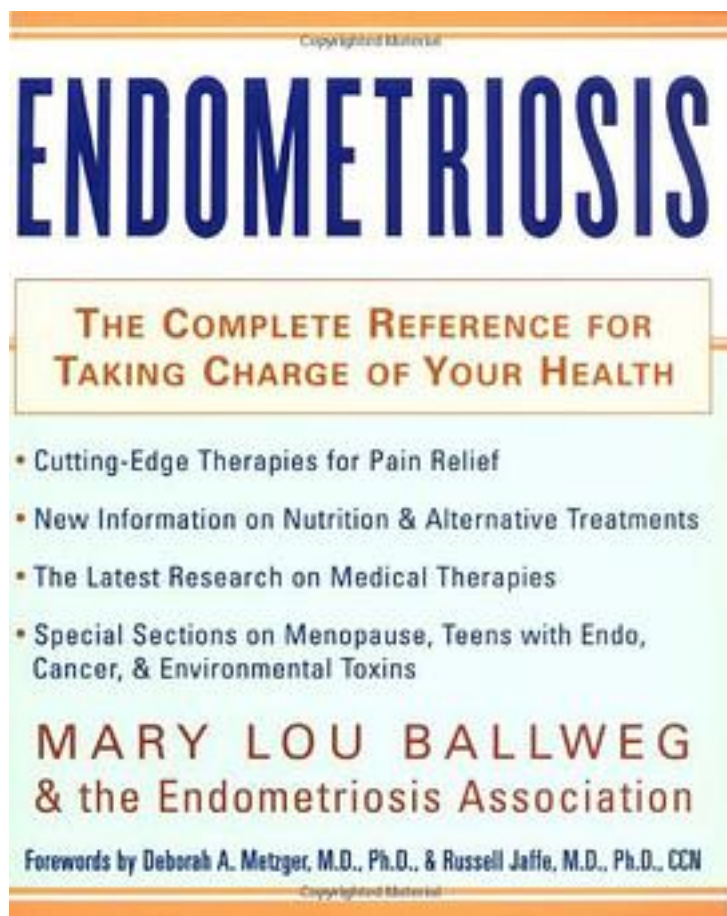


Endometriosis



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For those who suffer from it, endometriosis is a painful and confusing condition associated with period pain and fertility problems. This guide offers a friendly and up-to-date explanation of endometriosis with suggestions on how to manage it. Included is information about diet strategies, drug side effects, and what to expect

from surgery. Strategies for easing pain and hormonal swings are explained, and options for self-care, natural therapies, improved diet, and medical solutions are provided.

作者介绍:

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