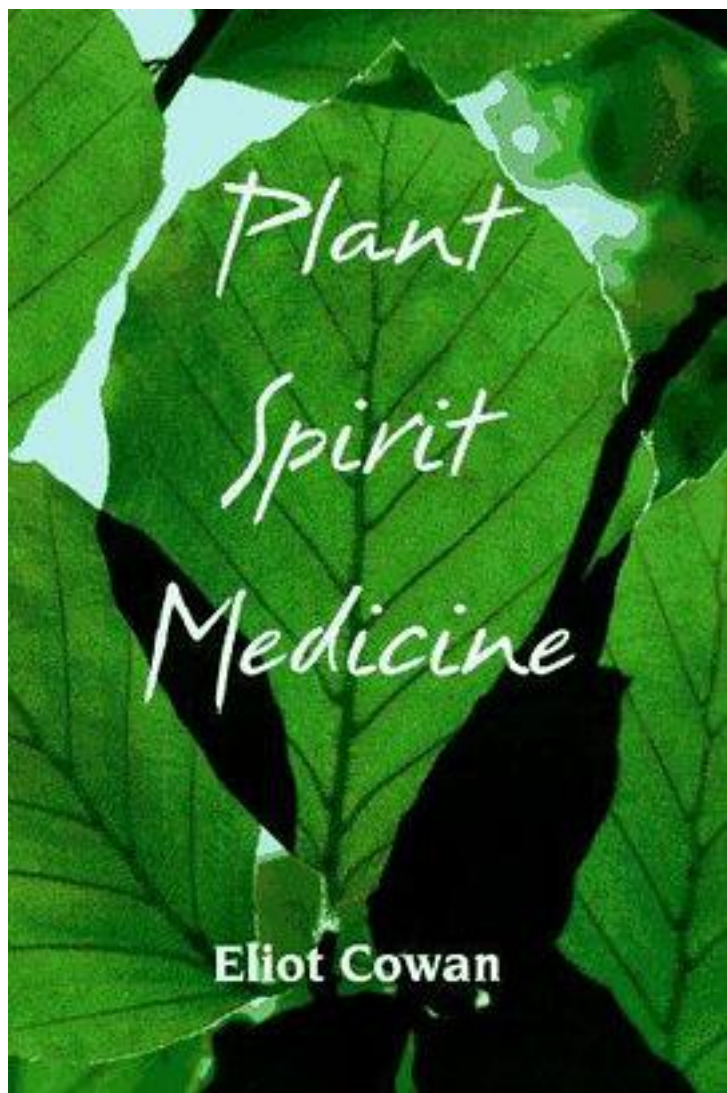


# Plant Spirit Medicine



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Ancient shamanic practice compelled the magician-healer first to make contact with the spirit of the plant to ask for its help before administering the herbal cure. This practice is alive today in Mexico among the traditional Indian shaman healers-principally the elder Huichol Indian shaman and plant spirit healer Don Guadalupe Gonzales Rios. Elliot Cowan reveals these ancient practices and guides the reader in the effective use of the wild herb plants in the area in which he or she lives. the result is a wonderful psychic and spiritual approach to holistic healing

作者介绍:

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