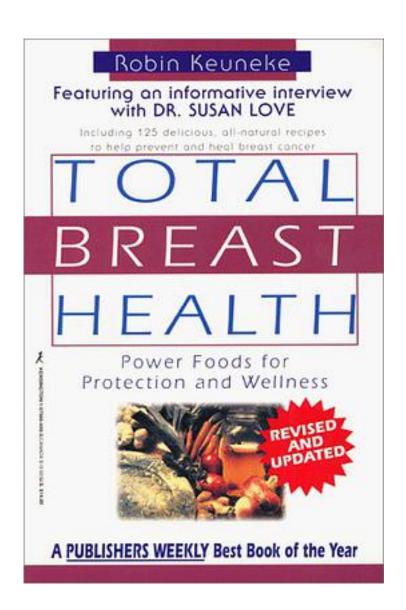
Total Breast Health



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著者:Keuneke, Robin

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FEATURING AN INFORMATIVE INTERVIEW WITH DR. SUSAN LOVE With over 125 internationally inspired recipes, Total Breast Health provides a delicious foundation for a breast protective diet and a dynamic prescription for a long, healthy life. Named a "Best Book of the Year" by Publishers Weekly, Total Breast Health is the comprehensive primer no woman can do without. The latest studies reveal vitamins and other nutrients that protect against breast cancer work best when they come directly from the foods you eat. Now nationally renowned natural foods counselor Robin Keuneke has created a breakthrough guide and cookbook focused exclusively on powerful foods that help prevent breast cancer and aid in recovery.

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