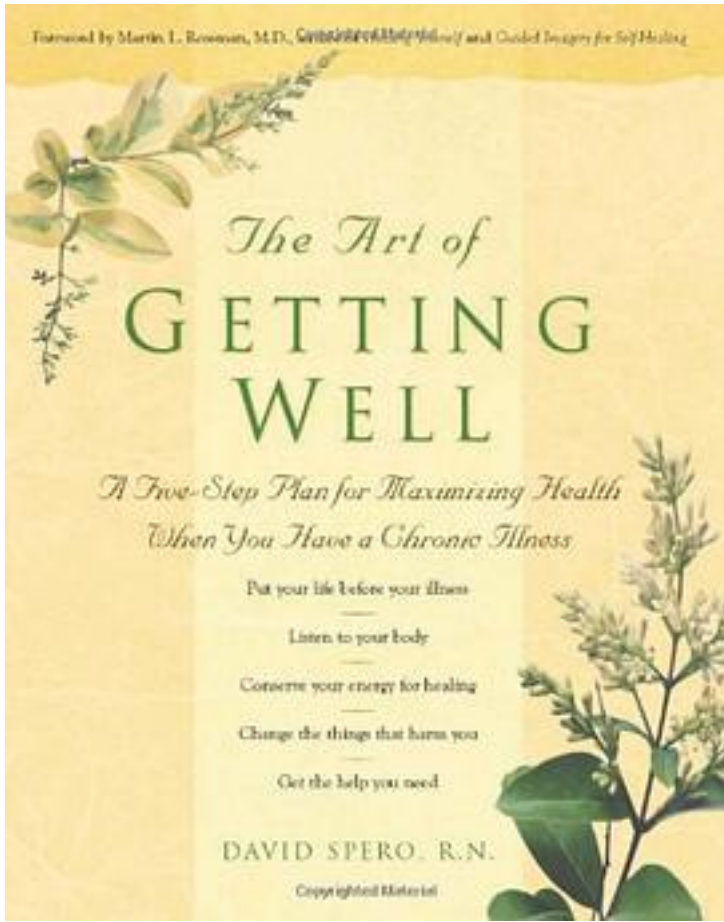


The Art of Getting Well



[The Art of Getting Well_下载链接1](#)

著者:Spero, RN David

出版者:Transition Vendor

出版时间:2002-2

装帧: Pap

isbn:9780897933568

A majority of chronic illnesses have no medical cure. The best therapy, asserts the author, is self-care. This comprehensive guide suggests healthy behaviors and holistic approaches while acknowledging the barriers people face in applying them.

作者介绍:

目录:

[The Art of Getting Well_ 下载链接1](#)

标签

评论

[The Art of Getting Well_ 下载链接1](#)

书评

[The Art of Getting Well_ 下载链接1](#)