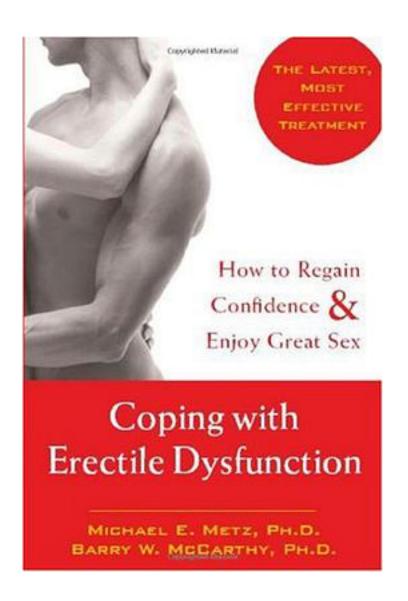
Coping With Erectile Dysfunction



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The book begins with an uncomplicated explanation of ED and a discussion of the mythologies that surround much of male sexuality. After describing the integrated treatment approach, the book helps men develop a set of realistic sexual expectations for each phase of their lives and explores the role of their partners in resolving ED problems. Exercises help men assess the nature of their problems. The results of the assessments lead readers to explore medical, psychological, and couples-related interventions. The book closes with a detailed program for relapse prevention. Ultimately, the Metz-McCarthy approach encourages couples to explore their own sexual intimacy as a means of overcoming the problem.

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