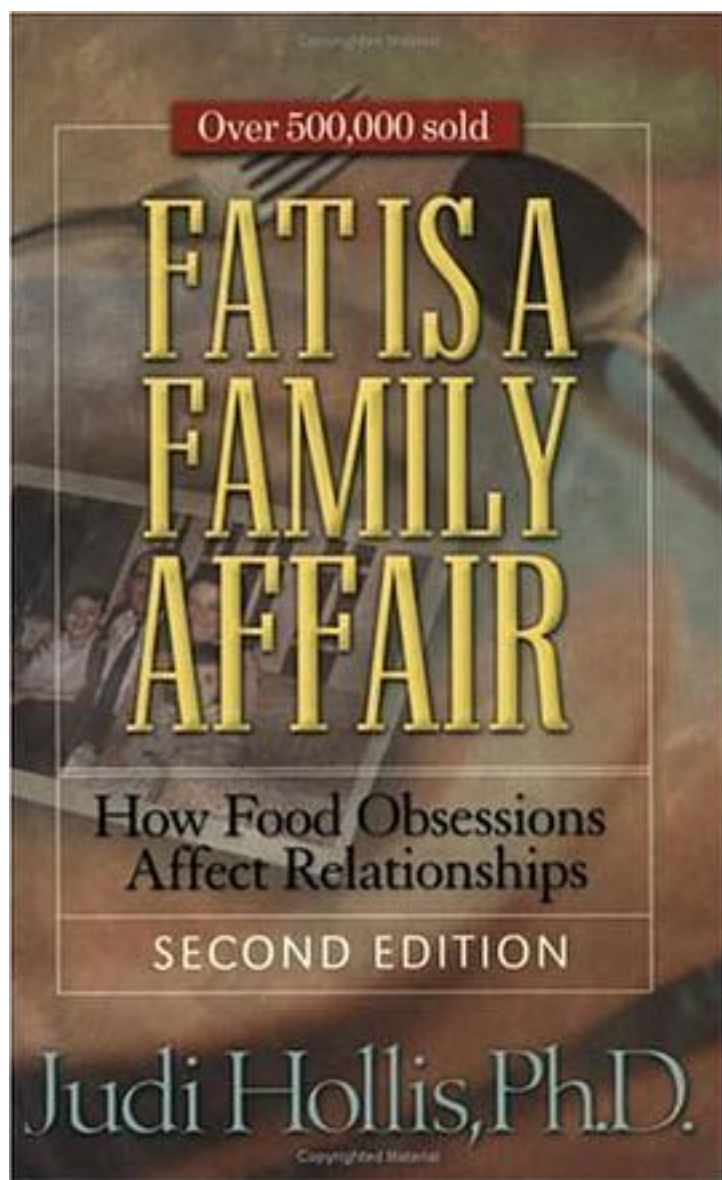


Fat is a Family Affair



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With more than half a million copies sold, Fat is a Family Affair is recognized as the benchmark text on family dynamics and eating disorders. Newly updated with current research, perspectives, and stories, this instructive and engaging guide provides the latest thinking, compassionate counsel, and step-by-step assistance to individuals who suffer from compulsive eating behaviors--specifically overeating and undereating. Judi Hollis is eminently qualified to offer guidance on this topic, having counseled families for more than 30 years and pioneered the nation's first Twelve Step eating disorders treatment program.

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