

# For Women Only, Revised Edition

NEW YORK TIMES BESTSELLER

"Dr. Jennifer Berman and Dr. Laura Berman have written a comprehensive—and revolutionary—handbook on women's sexual health. They begin where Masters and Johnson left off, defining the female sexual response and offering levelheaded advice and treatment for women's sexual needs."  
—Helen Fisher, author of *Why We Love*

# FOR WOMEN ONLY

A REVOLUTIONARY GUIDE  
TO RECLAIMING YOUR  
SEX LIFE



Authors of *Secrets of the Sexually Satisfied Woman*

Jennifer Berman, M.D., and Laura Berman, Ph.D.,  
with Elisabeth Bumiller

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According to The Journal of the American Medical Association, 43% of women in America - of all ages - suffer from sexual dysfunction. But doctors have generally dismissed these complaints, telling women their problems are just in their heads or something they have to accept. Dr. Jennifer Berman is one of the few female urologists in the country; Dr. Laura Berman is a sex therapist. Together these sisters run the Women's Sexual Health Clinic at Boston University Medical Center - the first in the country to offer comprehensive physiological and psychological treatment of female sexual dysfunction. In their research and clinical work, the Bermans have learned that many of the same physical problems that cause impotence in men can cause dysfunction in women. Many women also experience diminished sexual response after aging and menopause, or after hysterectomies or other pelvic surgery. In this book the Drs. Berman give women of all ages the information they need to understand what's going on with their bodies and what treatments are available in order to achieve more fulfilling sex lives.

作者介绍:

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