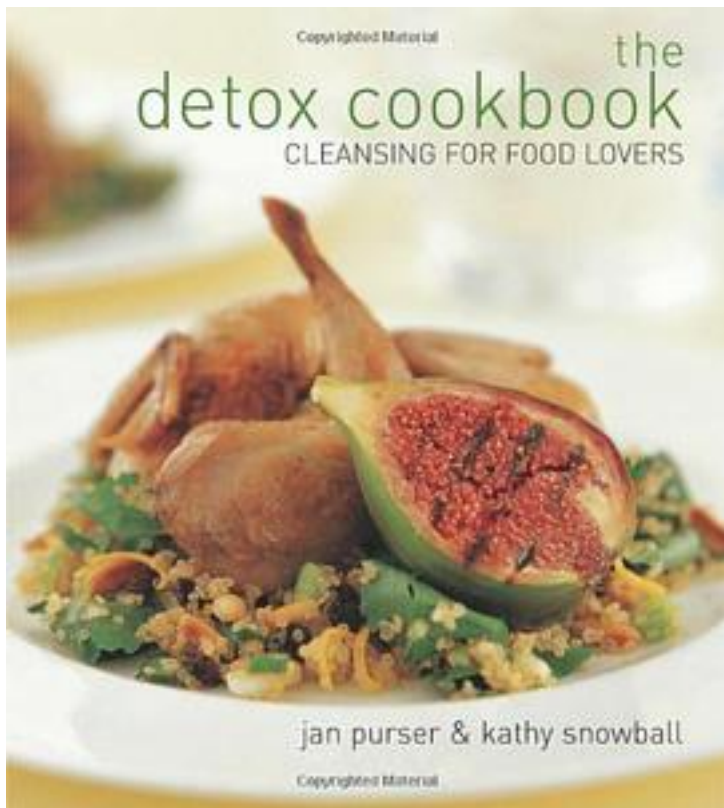


The Detox Cookbook



[The Detox Cookbook_下载链接1](#)

著者:Purser, Jan/ Snowball, Kathy/ Elms, Greg (PHT)

出版者:Independent Pub Group

出版时间:

装帧:Pap

isbn:9781865089690

Whether looking for a regular detox regime or just getting back on track after a period of indulgence, the health-conscious will gain energy, lose weight, cleanse their livers, and feel fantastic with the help of this collection of mouth-watering recipes. Brilliant color photography illustrates these fresh, healthy meals.

作者介绍:

目录:

[The Detox Cookbook_下载链接1](#)

标签

评论

[The Detox Cookbook_下载链接1](#)

书评

[The Detox Cookbook_下载链接1](#)