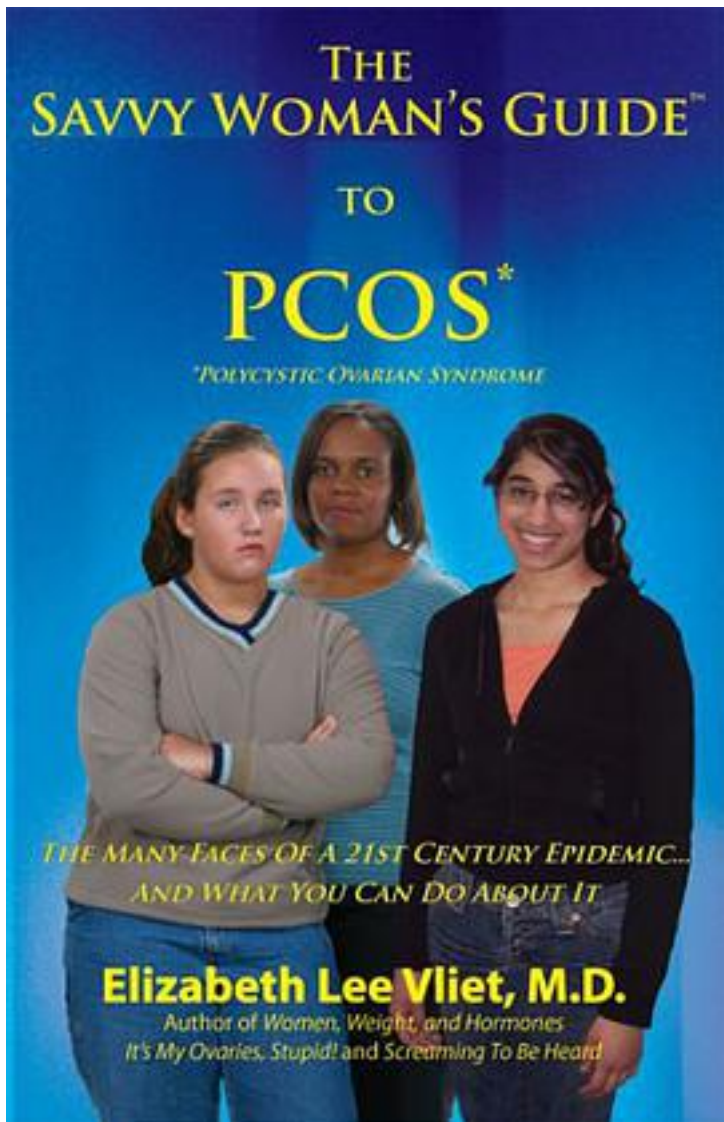


The Savvy Woman's Guide to PCOS



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Polycystic Ovarian Syndrome is the most common endocrine cause of infertility and serious weight gain in young women. It affects millions -- experts estimate about 6 to 10 percent of reproductive women struggle with this devastating metabolic imbalance. Look around schools and malls in this country and you see the impact of this burgeoning epidemic: obese young women are everywhere. The numbers are staggering. The health risks are overwhelming -- from increased risk of teenaged diabetes to young mothers with heart attacks or strokes, and early onset of breast and uterine cancers. This book provides the practical, user-friendly guide that women desperately need to be successful in getting help for this devastating disorder.

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