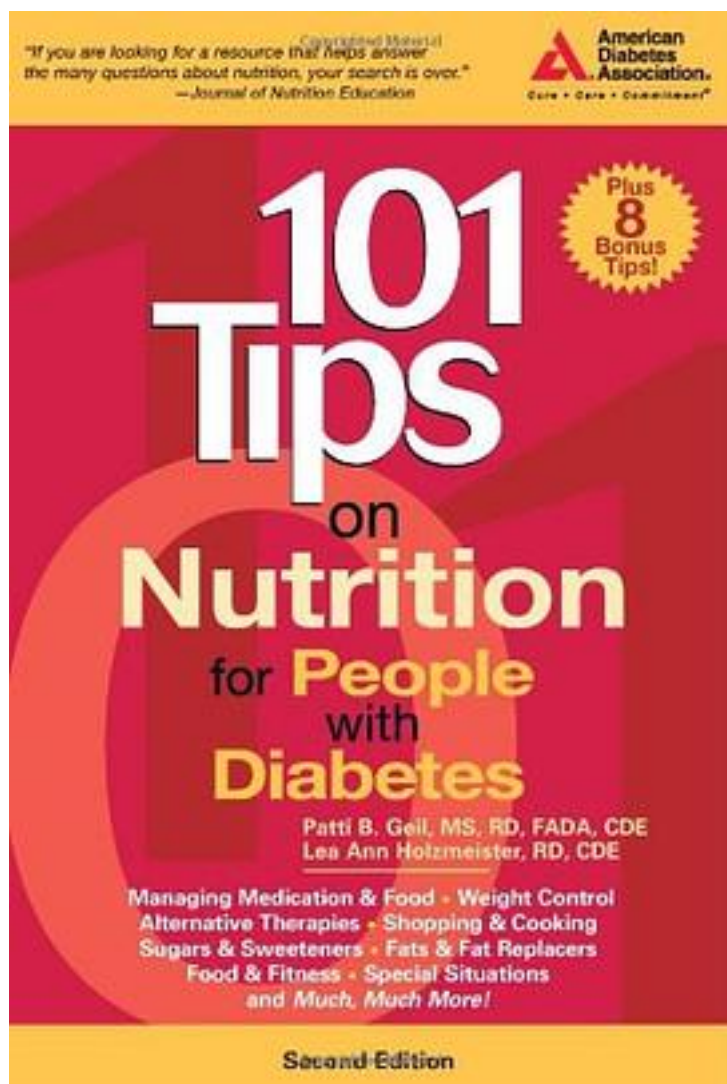


101 Tips on Nutrition for People with Diabetes



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著者:Geil, Patti Bazel/ Holzmeister, Lea Ann

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Healthy tips for people with Diabetes A bestseller in the American Diabetes Association's 101 Tips series, "101 Tips on Nutrition for People with Diabetes, Second Edition," gives you handy tips on meal planning, managing medication and meals, weight loss, sugar substitutes, and much more.

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