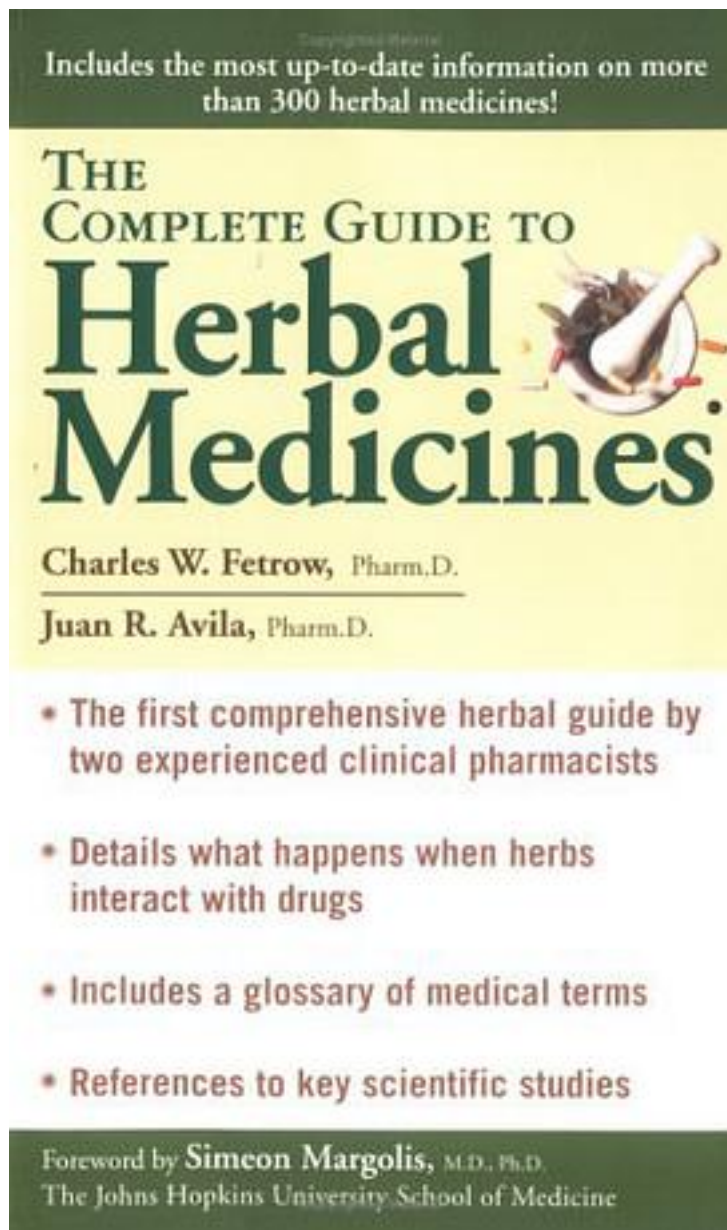


# The Complete Guide to Herbal Medicines



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Each year, more than sixty million Americans use herbal remedies and other types of alternative medical care. In fact, more people seek help from alternative health-care providers than from conventional health-care practitioners.... -- Dr. Simeon Margolis "The Complete Guide to Herbal Medicines" is the first scientific quick-reference book compiled by two trained, experienced clinical pharmacists. In clear, everyday language, they share the most up-to-the-minute, reliable, and accessible information available on more than three hundred herbal medicines. You'll find: \* a complete, dependable overview of herbal medicines\* what the scientific research shows\* a glossary of medical terms\* what happens when herbs interact with drugs\* references to key scientific studies\* and much, much more. No other guide gives you such a complete directory of herbal medicines, or such detailed, practical advice about each one. To expand your knowledge and interest in herbal medicines, you should have "The Complete Guide to Herbal Medicines"

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