

# Baby Chronicles Pregnancy Planner



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This book is designed to keep track of all those things that are important to remember, to get done, or to record during pregnancy and in the early days of childbirth: appointments; doctor visits; test results; exercise and diet commitments; nursery decoration needs; and making your home, baby and kid safe. Beginning at any time, the planner starts with pages for 14 months. This helps to organise the days that lead up to the new baby's birth and the five month's following. In addition to the ample space for every item to be listed, there is helpful information on pregnancy, child safety and general child care: do's and dont's; dealing with discomforts; hints on feeding; birthdays. This 14-month perpetual calendar for expectant mothers and new parents includes peel-off stickers to make it fast and easy to track and remember appointments, tests and ante-natal classes. The handy small format is just right for handbag or coat pocket. Pages lie flat when planner is open, making it easy to record entries.

作者介绍:

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