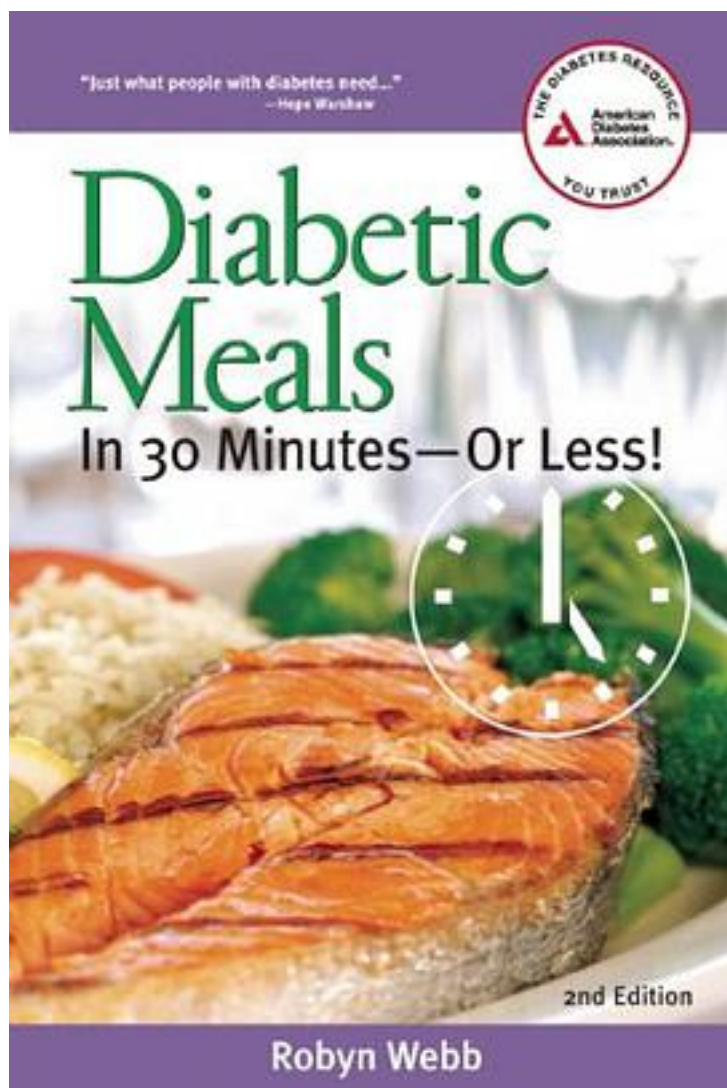


Diabetic Meals in 30 Minutes



[Diabetic Meals in 30 Minutes_ 下载链接1](#)

著者:Webb, Robyn

出版者:McGraw-Hill

出版时间:2006-10

装帧:Pap

isbn:9781580402651

Quick and Nutritional Meals for People with Diabetes This new edition shows you how to prepare great-tasting meals specifically for people with diabetes, in 30 minutes or less. Each recipe now adheres to the new nutrition guidelines of the American Diabetes Association and is guaranteed to be low in saturated fat. Whether you're looking for appetizers, desserts, soups, salads, or entrees, Diabetic Meals in 30 Minutes--Or Less offers more than 140 great-tasting and fast recipes.

作者介绍:

目录:

[Diabetic Meals in 30 Minutes_ 下载链接1](#)

标签

评论

[Diabetic Meals in 30 Minutes_ 下载链接1](#)

书评

[Diabetic Meals in 30 Minutes_ 下载链接1](#)