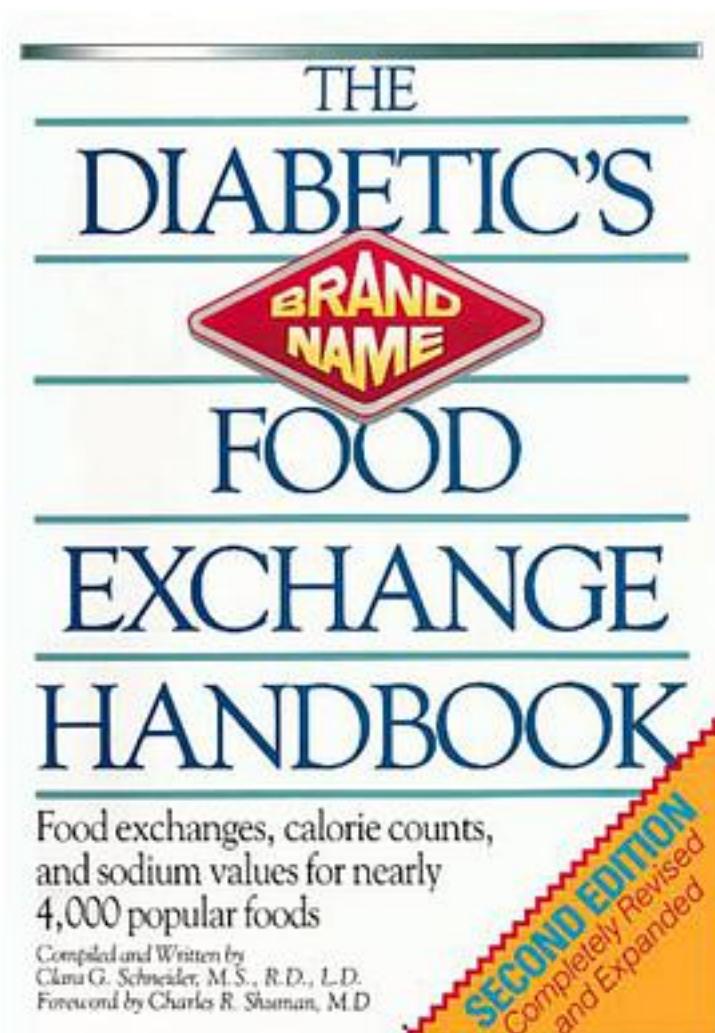


The Diabetic's Brand-name Food Exchange Handbook 2nd Ed



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For the millions of diabetics and others who must follow a food exchange diet. Using the revised American Diabetes Association exchanges, this highly acclaimed book "opens supermarket shelves . . . to anyone who must follow a Food Exchange diet."--Journal of the American Dietetic Association.

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