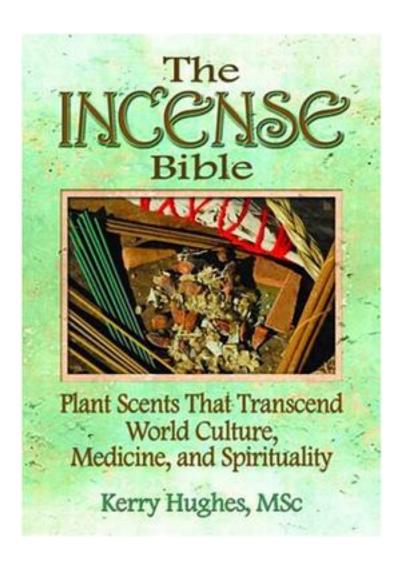
The Incense Bible



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The Incense Bible is a comprehensive guide to the spiritual meaning of real, raw,

natural incense and how to use it in prayer, meditation, or simply in creating a home environment to "reconnect" with divinity and nature. This unique book examines the spiritual and ritual uses of "pure" incense (not sticks, cones, or synthetic mixtures), explores out attraction to it, and explains how we can use it at home to increase wellness. Filled with easy-to-use references and easy-to-understand technical information, the book also looks at the use of incense in health and medicine, a history of its use in a variety of countries and cultures, and various types of raw incense, including eucalyptus, sandalwood, sweet grass, agarwood, frankincense, and myrrh.

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