

Cancer



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著者:Liz Armstrong

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Cancer -- the word strikes fear in people's hearts. With more people getting cancer every year, the big question must be: How can we prevent this epidemic? This book offers solid evidence that many cancers are preventable, since their causes lie with the contamination of our bodies by pollution from the air we breathe, the products we use, the water we drink, and the food we eat. It is not being caused by just diet, smoking, and the noon-day sun! The book takes a positive, solutions-based approach to this unwanted disease. Its pages are filled with practical advice and success stories that will inspire you to act to protect your family, your neighbours, your fellow workers, and future generations. Each solution is laid out on two pages, with websites for follow-up. It includes solutions for individuals, parents, youth, action groups, healthcare agencies, cities, labour, businesses, governments, and the world as a whole. It provides clear information about ways to prevent cancer, and should eliminate forever the mistaken belief that we don't know how to stop this terrible epidemic. The book will appeal to anyone whose life has been touched by cancer, and everyone who wants to stop it.

作者介绍:

目录:

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