

Unsung Lullabies

“Must reading for the thousands of people
struggling with the pain of infertility.”
— Christiane Northrup, M.D.

UNDERSTANDING
AND COPING WITH
INFERTILITY



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For people experiencing infertility, wanting a baby is a craving unlike any other. The intensity of their longing is matched only by the complexity of the emotional maze they must navigate. With insight and compassion, Drs. Janet Jaffe, Martha Diamond, and David Diamond-specialists in the field of Reproductive Psychology who have each experienced their own struggle with infertility-give couples the tools to: *Reduce their sense of helplessness and isolation*Identify their mates' coping styles to erase unfair expectations*Listen to their "unsung lullabies"--their conscious and unconscious dreams about having a family--to mourn the losses of infertility and move on. Ground-breaking, wise, and compassionate, Unsung Lullabies is a necessary companion for anyone coping with infertility.

作者介绍:

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