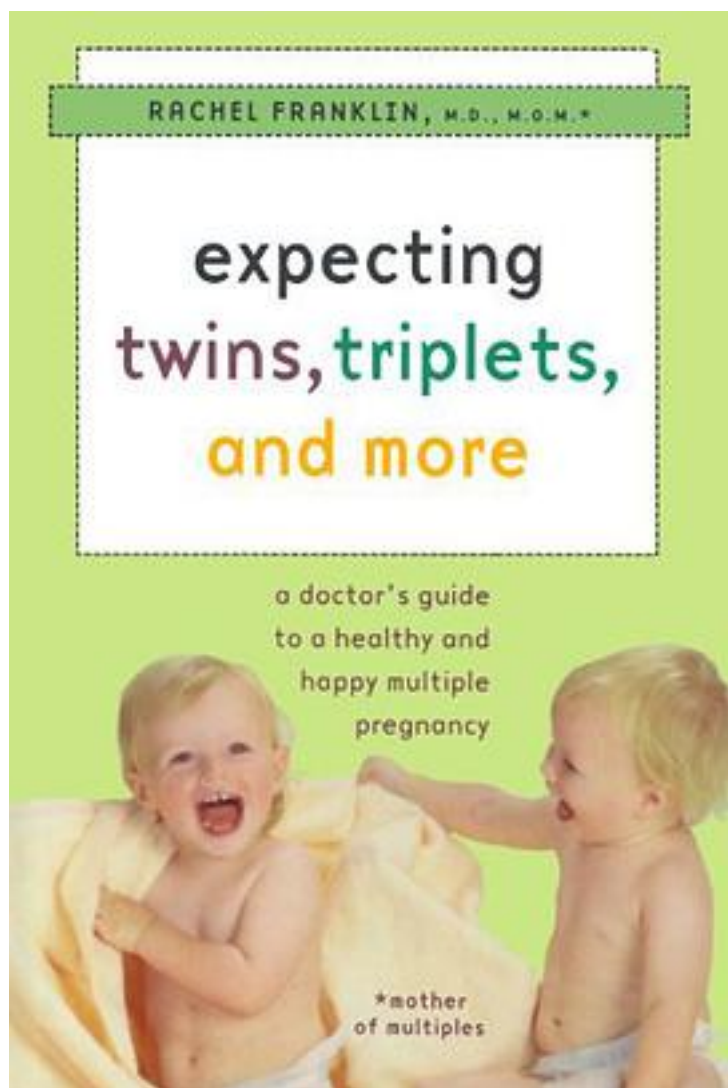


Expecting Twins, Triplets, and More



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When Dr. Rachel Franklin found out she was having twins, she realized that her medical training hadn't prepared her for what the experience of pregnancy and delivery would really be like - and most pregnancy guides left her wishing she had a reliable and "tell it like it is" resource. Now, she's written the book she wished she'd been able to find when she needed it. Covering physical, emotional, and practical topics, Dr. Franklin weaves the latest medical information with sisterly advice and wisdom on topics that include: - Handling the news - Finding the right doctor - Eating and exercising for more than two - Detailed timelines for each trimester - What to expect from labour and delivery - And much more. The book also features a Rapid Reference Guide to symptoms and questions for each trimester and delivery. Authoritative and supportive, this book brings a doctor and trusted friend to every multiples mum-to-be.

作者介绍:

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