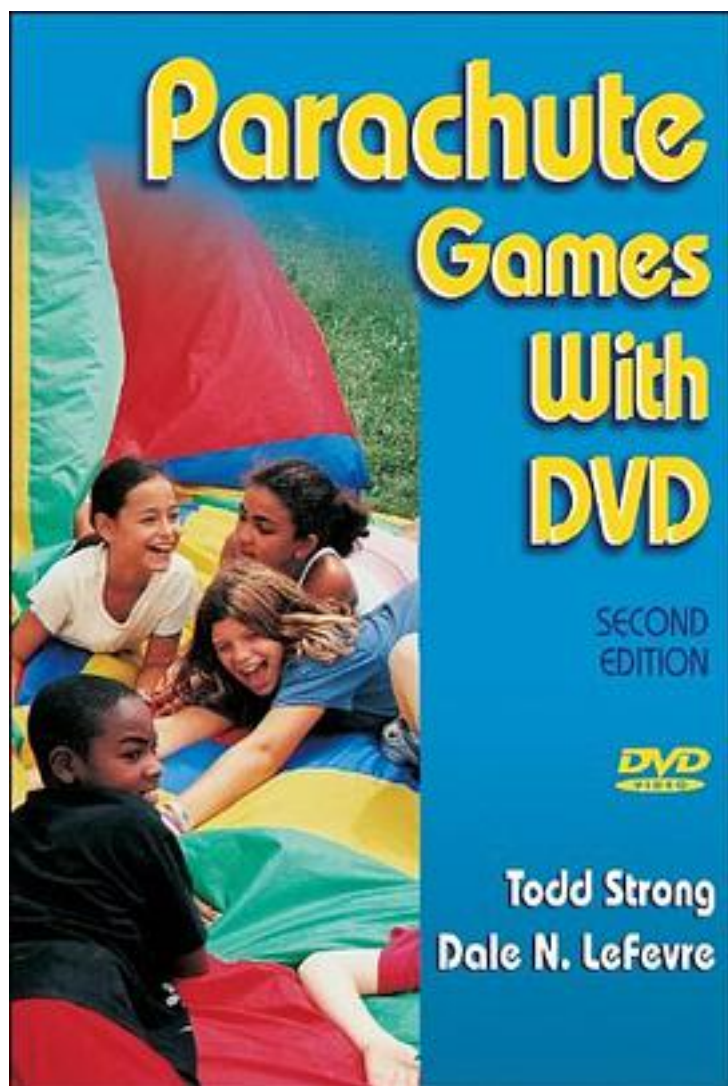


Parachute Games



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This book is ideal for physical education teachers and recreation leaders. It provides readers with the most up-to-date information needed to lead the parachute games successfully, help children get the most fitness benefits out of each game and care for the equipment. It demonstrates a wide range of games and activities, which are adaptable to a number of settings and participant needs. The games are designed to enhance children's social and motor skills, and raise their fitness levels. The DVD provides samples of the games in action to show how to perform the activities correctly and help motivate the children to fully engage in the games.

作者介绍:

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