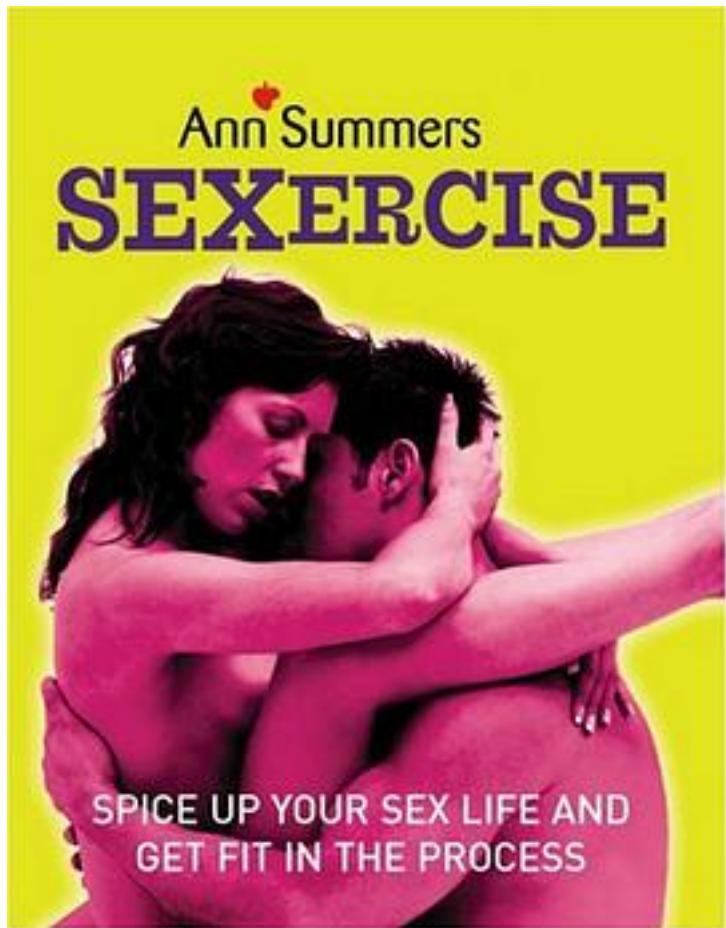


"Ann Summers" Sexercise



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著者:Ann Summers

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This raunchy new book from Ann Summers will show you how to get the most pleasure from sex, and feel great in the process! With sections on: Let's get physical - sex moves and fitness; Working up a sweat - exercises to promote sexual desire; Pump up your

love muscles - genital exercises for heightened orgasm; All the right moves - positions that get results; and, Food of love - eat yourself sexy! Not only will you and your partner spice up your lovemaking sessions, you'll look and feel fantastic! Illustrated with sexy colour photos throughout, Ann Summers Sexercise puts the fun back into fitness.

作者介绍:

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