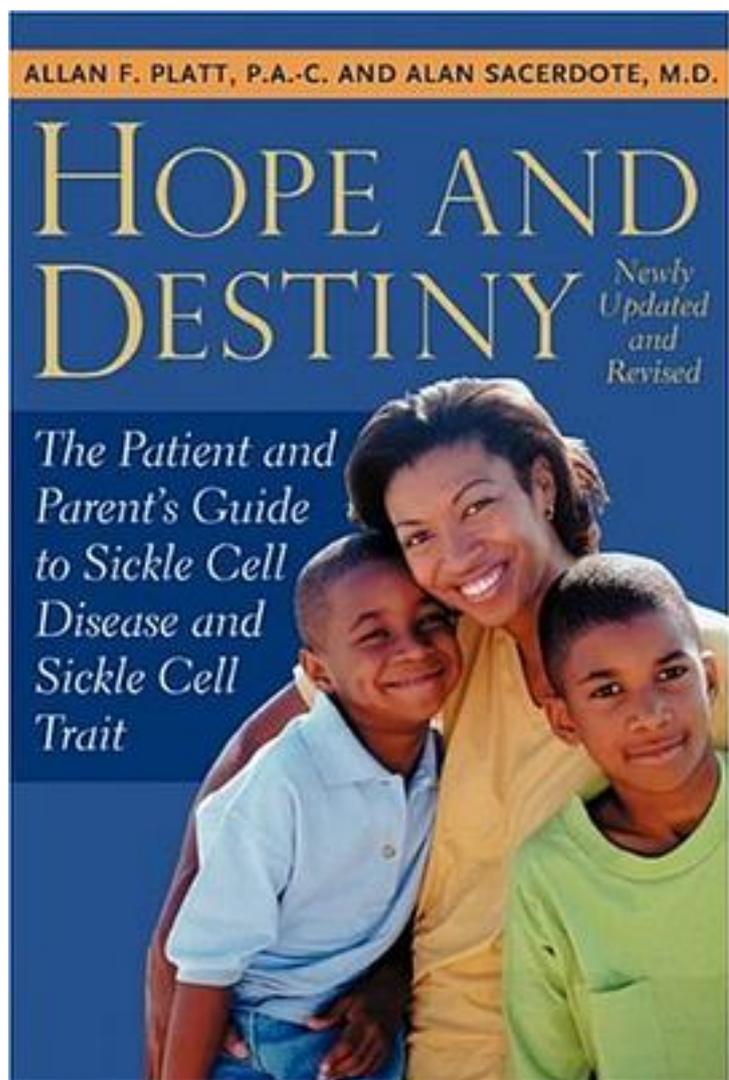


Hope and Destiny



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For anyone who has or is predisposed to sickle cell disease, this informative and compassionate guide provides all the facts patients, loved ones, and caregivers need to know in order to reduce symptoms, relieve pain, and help patients and their support circle better understand the cause and growth of the disease. Divided into different sections to address the changing complications posed by the disease at each stage of life, this book emphasises the need for offering emotional and spiritual consolation to those who suffer from sickle cell disease or witness the suffering of a love one. The topics include the complex causes of sickle cell disease, the most current treatment options, facts on genetic counselling, pain assessment and management resources, and strategies to lower the likelihood of pain crises.

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