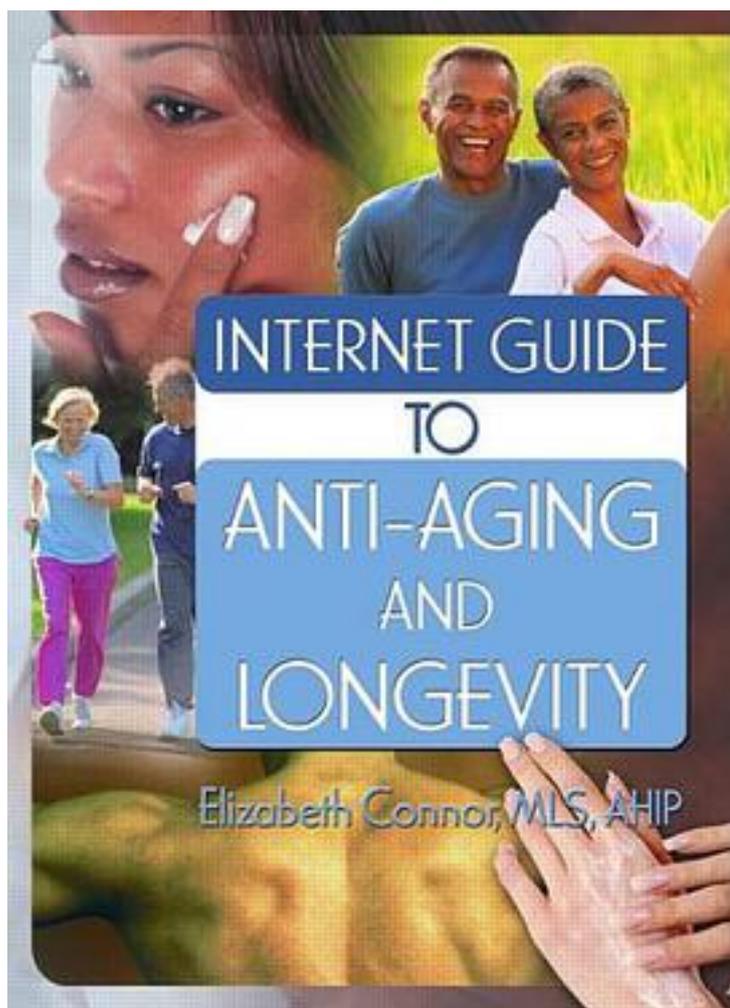


Internet Guide to Anti-Aging and Longevity



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出版者:Haworth Pr Inc

出版时间:2006-1

装帧:Pap

isbn:9780789028617

Even the most sophisticated Web surfer can become frustrated searching for specific

health information on the Internet. "The Internet Guide to Anti-Aging and Longevity" tackles this problem by providing a comprehensive compilation of annotated links on health, ageing issues, and longevity. This easy-to-use reference gives health professionals, researchers, or anyone looking for health and aging-related information a full-range listing of Web sites relating to anti-aging and health-related issues, including those with information on disease, longevity research, and experimental health approaches. Beyond the actual listing of Web sites, the "Internet Guide to Anti-Aging and Longevity" also provides complete and clear explanations of Web addresses; instruction on evaluating Web content; using search engines and search directories, discussion groups, Web forums, and blogs; and instruction on using the 'invisible Web' - content not easily accessed through regular search engines. The guide includes screen captures, a glossary of health and Web terms you may encounter, a table of site types and geographic suffixes, a list of helpful health organizations, and a bibliography. "The Internet Guide to Anti-Aging and Longevity" is a thorough, one-stop reference for health professionals; health educators; public, academic, health sciences, or special librarians; or anyone interested in learning how to find the information to stay young and vital.

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