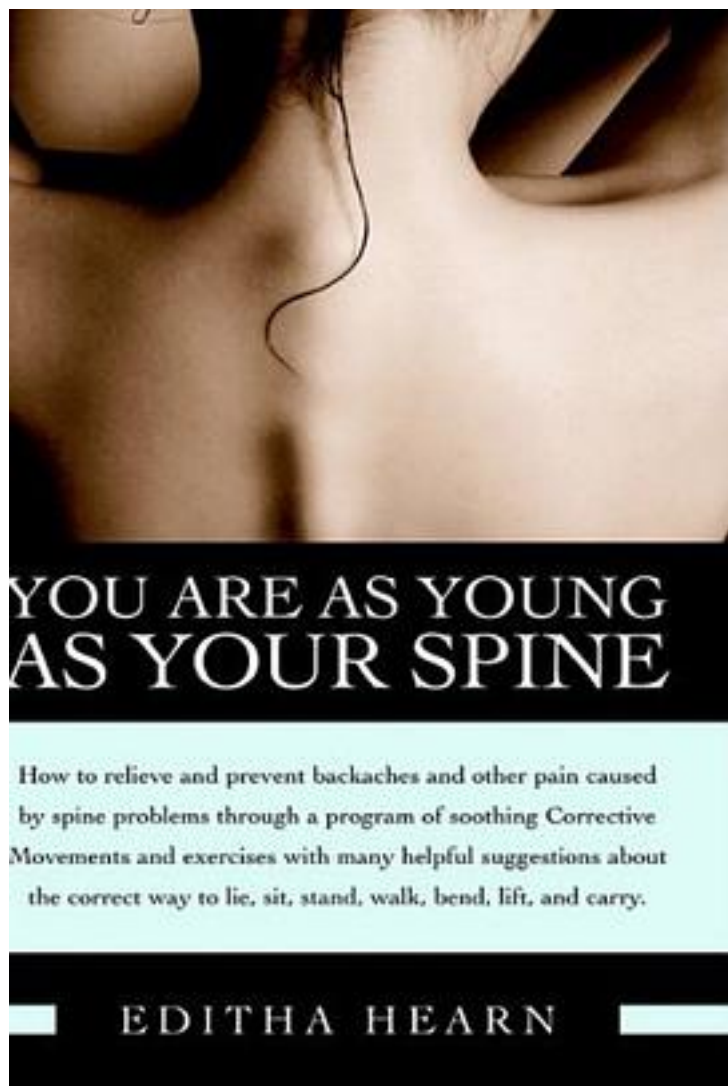


You Are as Young as Your Spine



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This book is written for all those who suffer from back problems, and the neck pain, rheumatism, sciatica, and other pain they cause. Editha Hearn explains scientifically, though in plain language, why these problems are so common and why the origin of backache is usually related to the spine.

作者介绍:

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