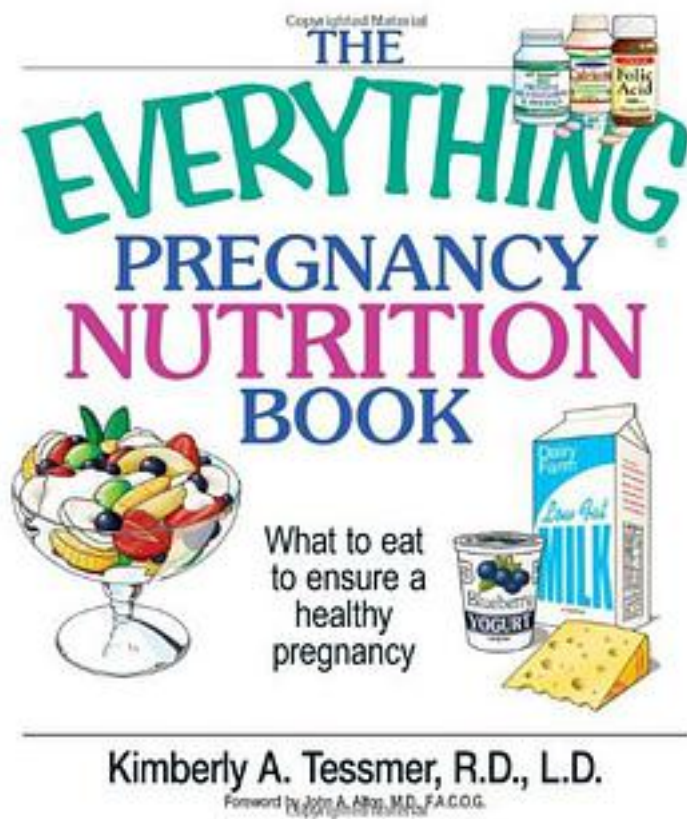


# The Everything Pregnancy Nutrition Book



[The Everything Pregnancy Nutrition Book\\_下载链接1](#)

著者:Tessmer, Kimberly A.

出版者:Adams Media Corp

出版时间:

装帧:Pap

isbn:9781593371517

The Everything Pregnancy Nutrition Book gives mothers expert advice on how to: -  
Know which vitamins, supplements, and herbs are safe to take- Manage pregnancy  
weight gain- Measure carbs, protein, fat, and sugar intake- Start baby on a healthy diet

作者介绍:

目录:

[The Everything Pregnancy Nutrition Book 下载链接1](#)

标签

评论

-----  
[The Everything Pregnancy Nutrition Book 下载链接1](#)

书评

-----  
[The Everything Pregnancy Nutrition Book 下载链接1](#)