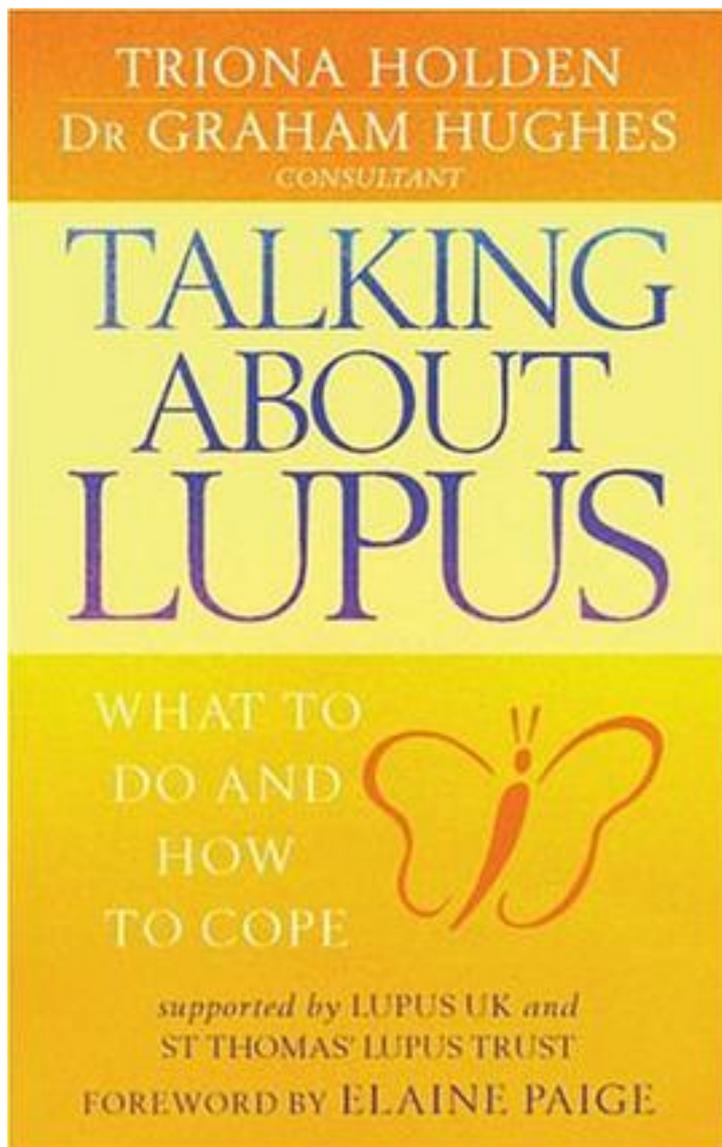


Talking About Lupus



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Lupus is a major autoimmune disease affecting millions of people across the world. If you have this condition, or know someone who has, then this book is essential reading. Talking About Lupus is packed with accessible up-to-the-minute information and advice which will give you and your family new hope, as well as providing the tools you need to cope with this disease. This groundbreaking book takes a personal approach to lupus. Dr Graham Hughes, one of the world's leading experts on lupus, and journalist, broadcaster and lupus sufferer Triona Holden use patients' own stories to illustrate the broad spectrum of the disease. Medical issues - from symptoms and diagnosis to treatment and prognosis - are discussed in simple easily understood language. You will learn: What lupus is and how to live with it; How to approach the medical profession and what to ask; Which symptoms could mean you have lupus; Which drugs and treatments are used, and what they do; All about alternative treatments - what works for others; How lupus sufferers manage their disease.

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目录:

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