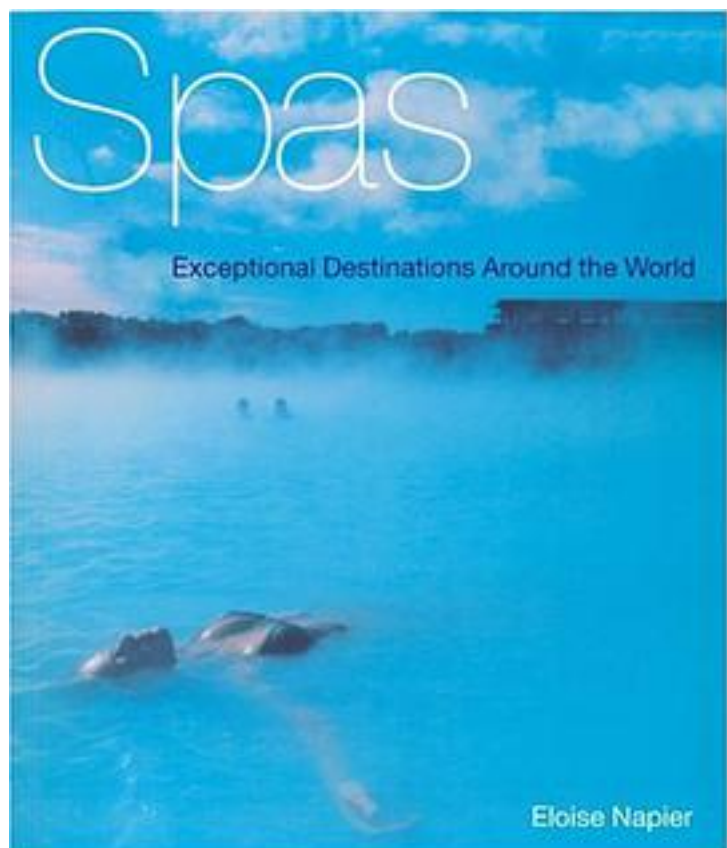


Spas Exceptional Destinations Wo



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From the Atlas Mountains in Morocco to the West Highland Way in Scotland and Yellowstone National Park in Wyoming and Montana, there are diverse walks presented here for hikers of all ages and abilities. Included in this collection of healthy and fun holidays is the Patagonia walk across the Argentina-Chile border, which traverses mountain paths and passes through pampas grass and nearby glaciers. Another singular trail on the Paths of Pindos in Greece is situated in one of Europe's

finest wilderness areas, where bears and eagles dwell on the hillsides, and meadows--alive with wildflowers and butterflies--are edged by rustic villages. Each trip featured here lasts between 7 and 14 days and is organized by a well-known travel specialist. It's your decision whether to travel alone at your own pace following detailed notes and maps, or with a guide, or in a group. Most walks offer a choice of mileage options. At the end of each day's excursion you will reach a cozy inn or hotel where you'll spend the night. And the next morning you are given a packed lunch while your luggage is transported to the next stopover. To help you decide about a trip that appeals to you, the author fully describes each tour and provides a map of the region illustrating the route and the accommodations that are available. Whatever adventure you have in mind--walking cross--country, on gently sloping hills, or on a more challenging trail--this book will help you find an unforgettable vacation.

作者介绍:

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