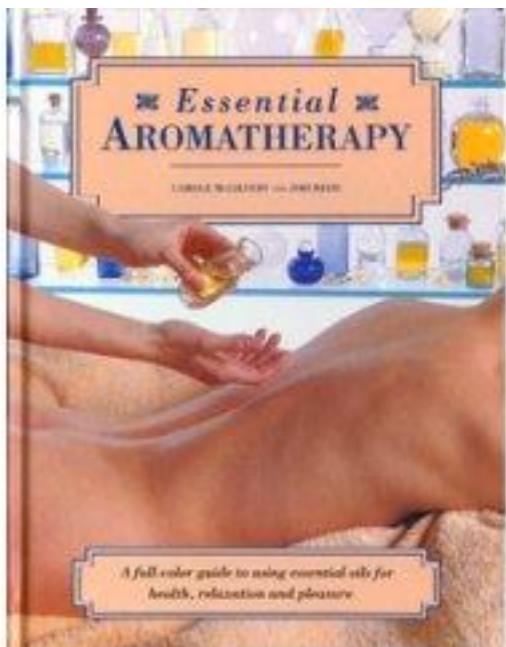


Essential Aromatherapy



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Here is a complete guide to aromatherapy, a modern healing technique with ancient origins. Essential Aromatherapy organizes essential oils into handy alphabetical listings, providing their profiles, applications, and the physical and emotional conditions that warrant their use. Also included are detailed treatments for a variety of ailments, plus oil blends for many home and health uses. Dozens of helpful illustrations are included.

作者介绍:

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标签

aromatherapy

评论

由很多都知道了，算是重温一下。很希望成为这个方面的专家！塞舌尔看的书之一。

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书评

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