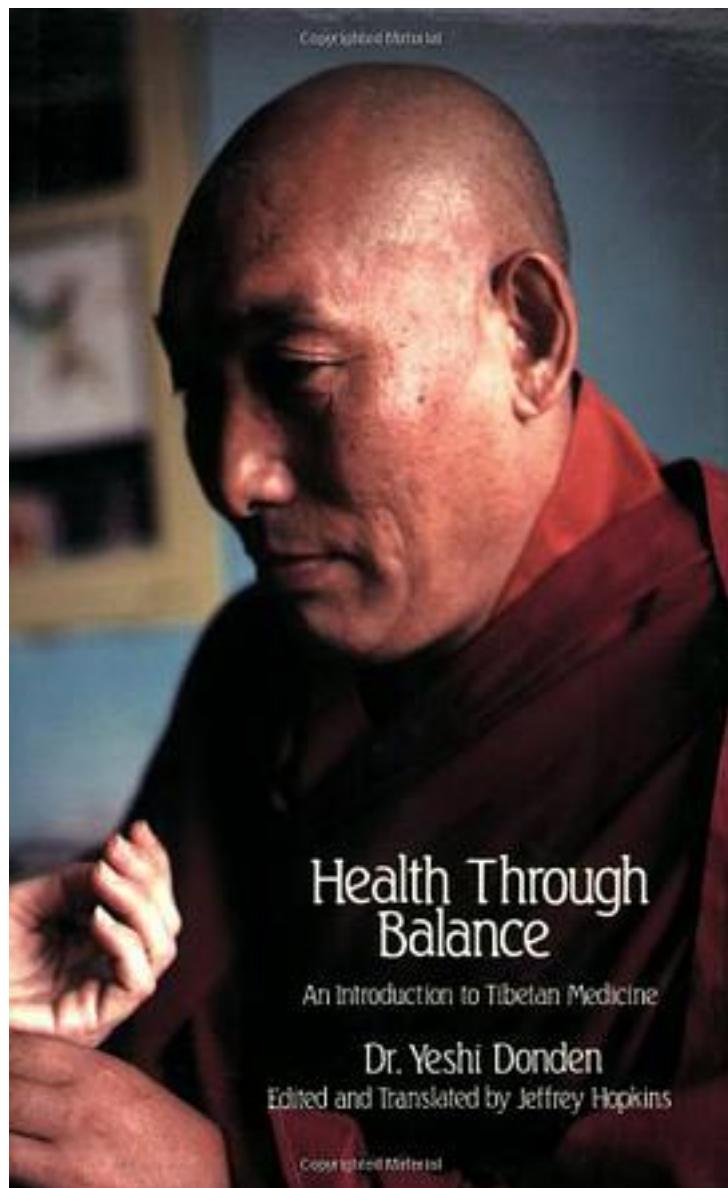


# Health Through Balance



[Health Through Balance\\_下载链接1](#)

著者:Yeshe Donden

出版者:Snow Lion Publications

出版时间:1986-5-25

装帧:Paperback

isbn:9780937938256

Tibetan medicine holistically restores and maintains balance of the body's various systems through a variety of treatments, including diet, behavior modification, and the use of medicine and accessory therapy. Tibetan medicine is delicately responsive to patients' complete symptom patterns—no complaint being disregarded. Its wide variety of curative techniques are clearly explained. Dr. Donden's book was seen on NBC's Dateline during a feature on Tibetan medicine and breast cancer.

作者介绍:

目录:

[Health Through Balance](#) [下载链接1](#)

标签

评论

---

[Health Through Balance](#) [下载链接1](#)

书评

---

[Health Through Balance](#) [下载链接1](#)