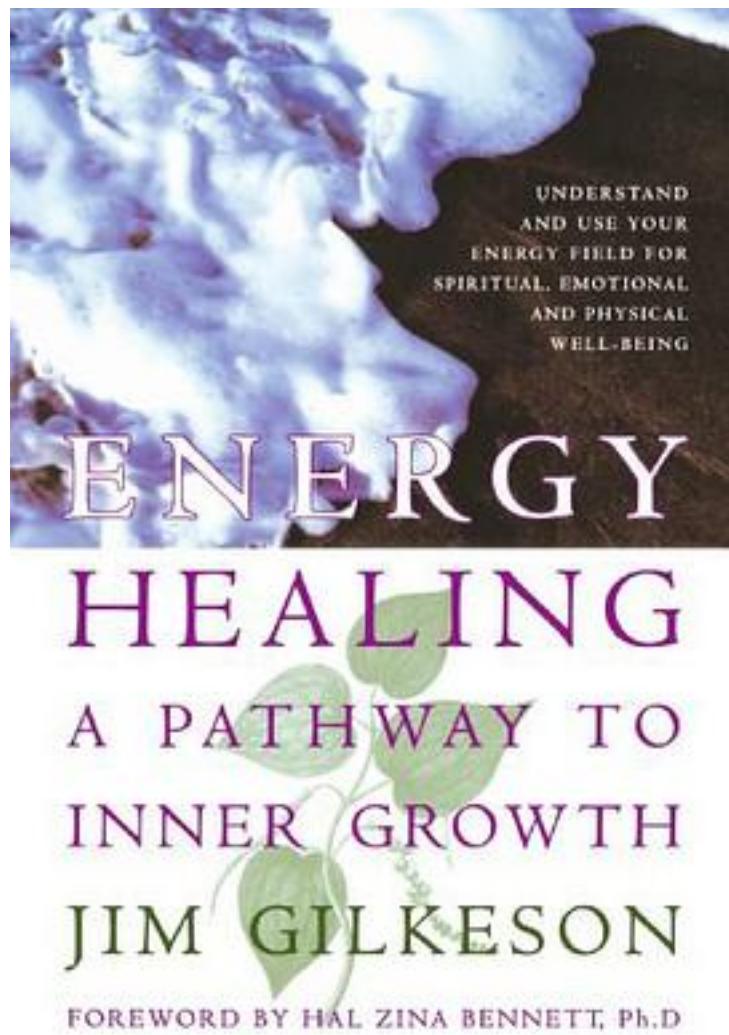


Energy Healing



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In the last few years, the therapeutic practice of energy medicine, formerly on the frontiers of alternative healing, has begun to attract more widespread interest. Practiced by a growing number of therapists and bodyworkers, energy medicine attends to the energy field that surrounds and penetrates the human body. Energy Healing makes a two-fold contribution to the discipline: it presents an original theoretical and spiritual framework for energy work, and it offers practical lessons and concrete techniques that allow those exploring energy medicine to take action for themselves. Written in straightforward prose and informed by 15 years of practice, Energy Healing is a precise, eloquent sourcebook that will be of interest to everyone exploring the realm of energy practice.

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