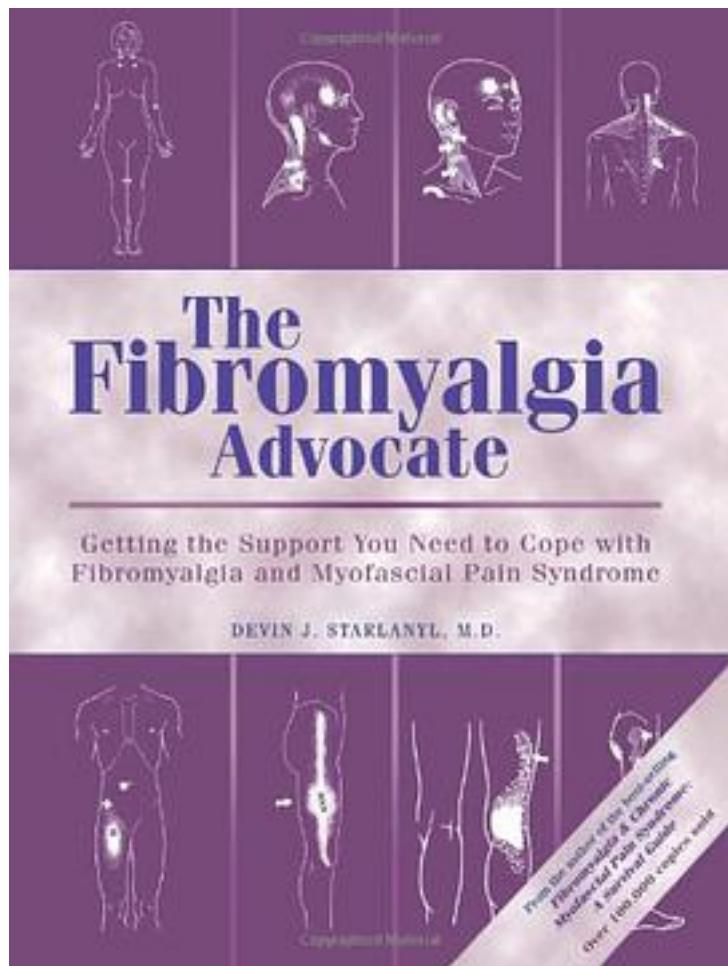


# The Fibromyalgia Advocate



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出版者:New Harbinger Pubns Inc

出版时间:1998-10

装帧:Pap

isbn:9781572241213

The welcome successor to "Fibromyalgia and Chronic Myofascial Pain Syndrome," this book offers readers a wealth of practical suggestions for dealing with an often skeptical

medical establishment and getting the help and support they need. In four parts (Managing Your Health Care Team, Fighting for Your Rights, Dealing with Your World, Ammunition), Dr. Devin Starlanyl shows patients how to identify sources of help and assemble a functional healthcare team; explains how to maximize visits to professional caretakers; offers advice on dealing with the legal aspects of the healthcare system; and finds the best approaches to educate family and friends about the condition and enlist their help and support.

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