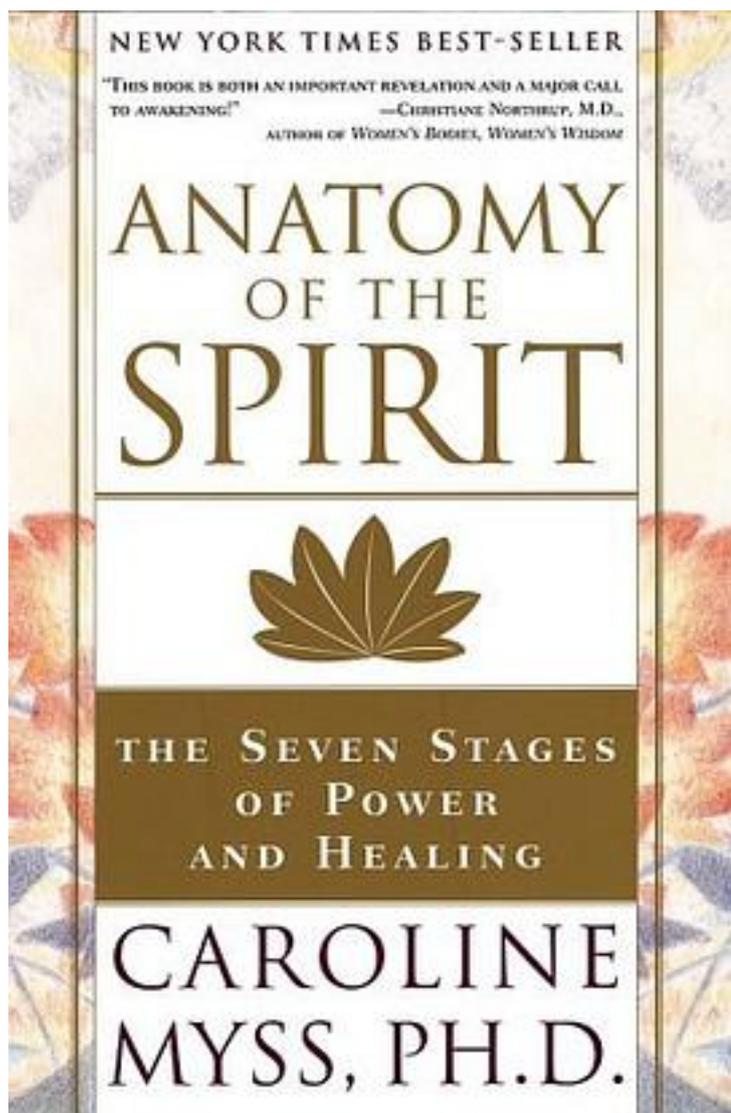


Anatomy of the Spirit



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著者:Caroline Myss

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Building on wisdom from Hindu, Christian, and Kaballah traditions, this comprehensive guide to energy healing reveals the hidden stresses, beliefs, and attitudes that cause illness.

Anatomy of the Spirit is the boldest presentation to date of energy medicine by one of its premier practitioners, internationally acclaimed medical intuitive Caroline Myss, one of the "hottest new voices in the alternative health/spirituality scene" (Publishers Weekly). Based on fifteen years of research into energy medicine, Dr. Myss's work shows how every illness corresponds to a pattern of emotional and psychological stresses, beliefs, and attitudes that have influenced corresponding areas of the human body.

Anatomy of the Spirit also presents Dr. Myss's breakthrough model of the body's seven centers of spiritual and physical power, in which she synthesizes the ancient wisdom of three spiritual traditions-the Hindu chakras, the Christian sacraments, and the Kabbalah's Tree of Life-to demonstrate the seven stages through which everyone must pass in the search for higher consciousness and spiritual maturity. With this model, Dr. Myss shows how you can develop your own latent powers of intuition as you simultaneously cultivate your personal power and spiritual growth.

By teaching you to see your body and spirit in a new way, Anatomy of the Spirit provides you with the tools for spiritual maturity and physical wholeness that will change your life.

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