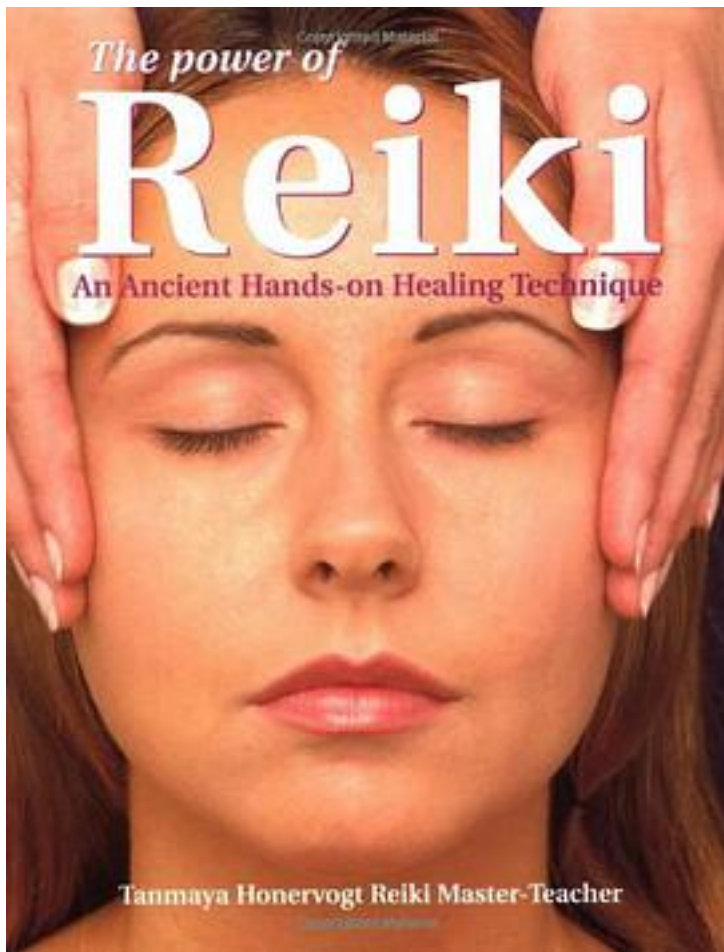


# The Power of Reiki



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著者:Honervogt

出版者:Henry Holt & Co

出版时间:1998-3

装帧:Pap

isbn:9780805055597

A highly illustrated handbook on the newest "hot" natural healing method. The word "Reiki" (pronounced "ray-key") describes the boundless universal energy that flows through all living things. When tapped, this current works on mental, emotional,

physical, and spiritual levels, healing all types of pain and discomfort through relaxation and touch. An ancient healing art that has its roots in Buddhist writings, Reiki has been prevalent in the Far East for thousands of years. The Power of Reiki is a step-by-step, fully-illustrated handbook that introduces every aspect of Reiki to a Western audience, including:

- \*The inspirational history of Reiki and the special attunement process by which its healing wisdom is handed down from one master to the next
- \*The specific Reiki hand positions used to treat migraines, sinusitis, menstrual problems, arthritis, back pain, depression, tension, and many other conditions in oneself and others
- \*The many advantages regular Reiki treatment offer those who are healthy, such as increased energy, self-confidence, and resistance to general ailments like colds and the flu

A practical, beautiful guide to Reiki stages I, II, and III, The Power of Reiki contains all readers will need to incorporate the tremendous healing power of this ancient art into their daily lives.

作者介绍:

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