

# Age-less



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出版者:William Morrow

出版时间:2002-10-1

装帧:Hardcover

isbn:9780060516253

In Age-less: The Definitive Guide to Botox, Collagen, Lasers, Peels, and Other Solutions for Flawless Skin, world-renowned celebrity dermatologist Dr. Fredric Brandt -- known as both the "Botox Baron" and the "King of Collagen" and acknowledged to be the largest user of both Botox and injectable collagen in the world -- shares the secrets that have made him one of the most sought-after names in skin care today. In this cutting-edge guide to the latest age-reduction techniques and strategies, Dr. Brandt helps readers demystify how to achieve the skin of their dreams and maximize their skin's potential for youthfulness. Dr. Brandt's solution to obtaining flawless skin lies in a multifaceted approach comprised of three key elements: the all-important damage prevention, an effective at-home skin care regimen using today's most active and technologically advanced ingredients, and nonsurgical cosmetic procedures appropriate for your skin and your goals. In Age-less Dr. Brandt unveils how our seemingly mysterious skin works, explains what damages and prematurely ages the skin, and advises how such damage can be prevented -- and even repaired. Furthermore, he illuminates the very latest developments in at-home skin care and dermatological procedures like acid peels, filler injections, nonburning lasers, and Botox that together will allow individuals to control how they look regardless of their chronological age. Learn all about: Why the skin behaves the way it does The essential skin care products for flawless skin The unrivaled versatility of Botox, collagen, and other new filler materials The "Botox Face-lift" Through a series of before and after photographs, Age-less illustrates the benefits, ease, and transformative power of these innovative skin treatments so that men and women alike will quickly learn how to slow down the speeding train that it is the aging process and achieve the youthful look they desire. With Age-less, the most revolutionary and comprehensive guide to rejuvenating skin, Dr. Brandt guides readers to maximum results with the minimum of time investment -- and a beautiful face at any age!

作者介绍:

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标签

护肤

医学美容

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## 评论

chemical peel和laser也是該做起來了。

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美国很有名的美容整形科医生DR  
BRANDT写的。慕名而看，对于抗老西医很强大很专业，但是主要还是着手治疗，而不是养和调~

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## 书评

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