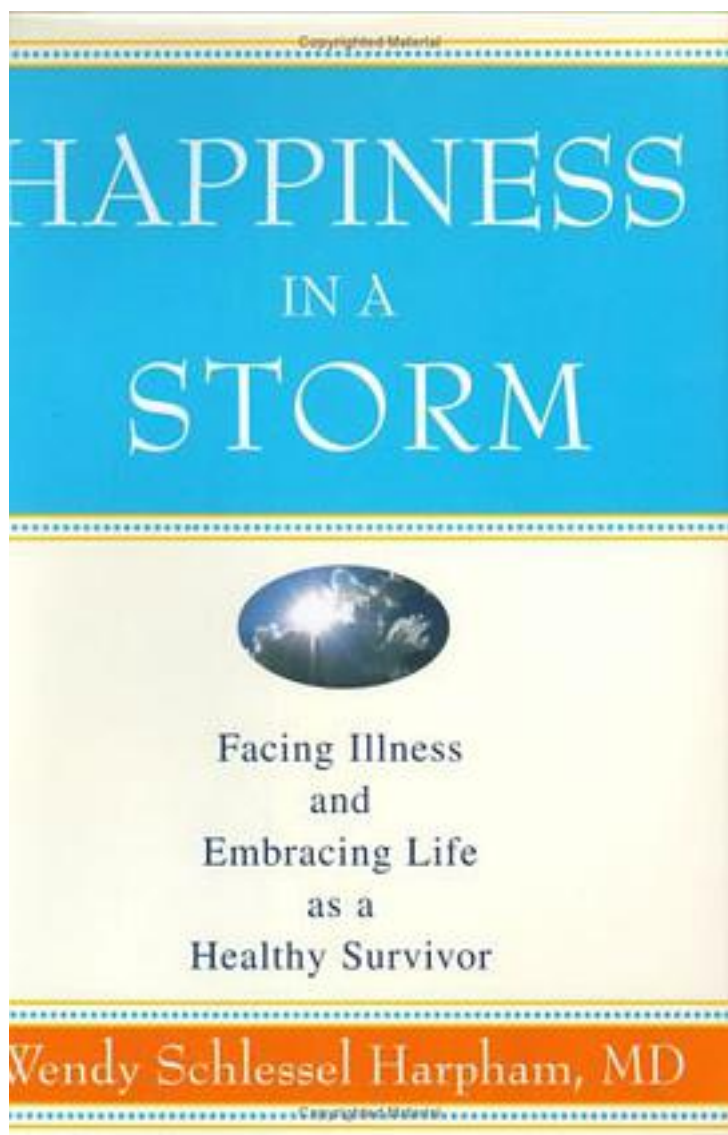


Happiness in a Storm



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著者:Harpham, Wendy Schlessel

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Harpham, a doctor and cancer survivor, offers an approach to illness that promotes physical healing and joyful living.

Award-winning author Wendy Schlessel Harpham, M.D., offers her program to getting good care and finding happiness when you are sick. Having coined the term "Healthy Survivor" while dealing with her own chronic lymphoma, Harpham encourages people dealing with cancer, heart disease, diabetes, or any prolonged illness to simultaneously do all they can to overcome disease and live life to the fullest. "Happiness in a Storm" shows you how to set the stage for the miracle of physical healing by making the best treatment choices for you, nourishing realistic hope, and taking action. But when it comes right down to it, what good is surviving if you are never happy? Harpham opens your eyes to the opportunities for happiness in life "despite" medical problems and even "because" of illness. You'll see how becoming a Healthy Survivor does more than increase your chances of a good outcome: it frees you to pursue happiness.

作者介绍:

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