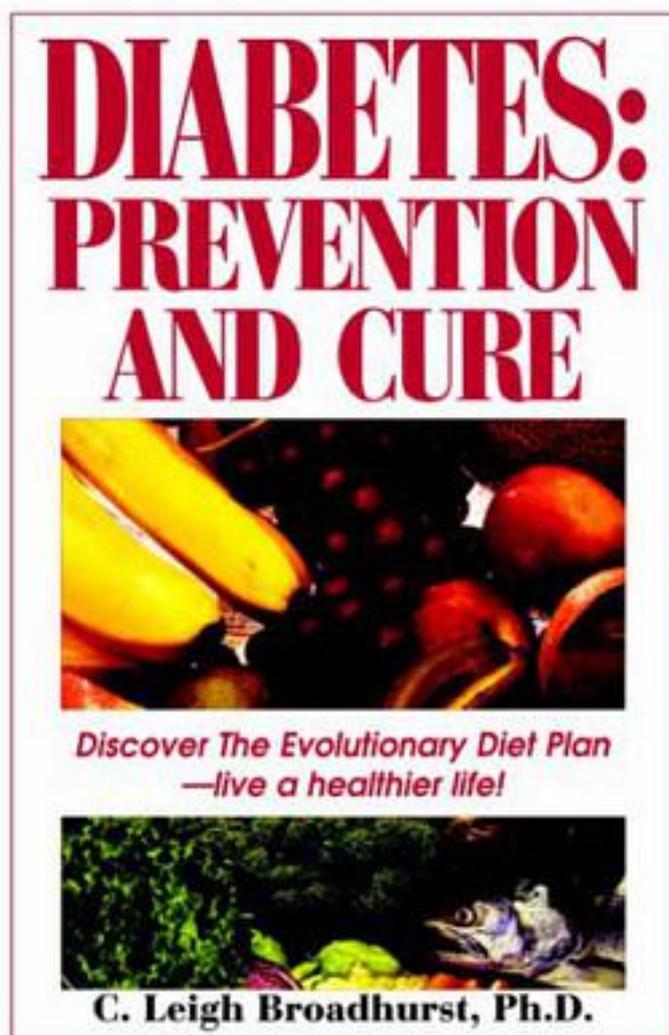


# Diabetes Prevention & Cure



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Geochemist C. Leigh Broadhurst offers a solution to the modern epidemic of diabetes: The Evolutionary Diet Plan. In this remarkable book, she shows us that by learning to eat like our hunter-gatherer forebears, we can return to a healthier, more natural nutritional balance and reverse the damage caused by diabetes.

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