

Natural Solutions for Pain-Free Living

"A comprehensive guide to lasting relief from the many ailments that affect our joints and muscles. A fantastic tool!"
- HUGO ROOIER, M.D.

Natural — Solutions for Pain-Free Living —

*Lasting Relief for Flexible Joints,
Strong Bones and Ache-Free Muscles*

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This book offers a sorely needed education for what ails many Americans-pain. After the pharmaceutical COX-2 controversy, many people are beginning to wake up and look for alternative treatments. Fortunately, these alternatives exist in natural medicines and supplements and this book offers an easy comprehension of them.

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