

Heal Your Heart with EECP

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*The Only Noninvasive Way
to Overcome Heart Disease*

HEAL Your Heart *with EECP*

The First Comprehensive Guide to
Enhanced External Counterpulsation

*"A clarion call to utilize a therapy that could replace
most of the drugs and virtually all of the surgical procedures
currently used to treat cardiovascular disease."*

—Julian Whitaker, MD, from the foreword

Debra Braverman, MD

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出版者:Ten Speed Pr

出版时间:2005-11

装帧:Pap

isbn:9781587612442

Heart disease is the number one killer in America, claiming one life every minute. Bypasses, angio-plasties, and stents treat specific artery blockages, but doctors are discovering that these invasive procedures might be only a short-term fix for the underlying problem: poor blood flow. In HEAL YOUR HEART WITH EECP, Dr. Debra Braverman debunks common misconceptions about heart disease and explains a cutting-edge, noninvasive heart procedure known as enhanced external counterpulsation (EECP). FDA-and Medicare-approved, EECP is cost-effective and, unlike surgery, completely safe and painless. Using blood pressure cuffs to push blood through the body, EECP actually helps promote the development of new blood vessels to naturally bypass clogged vessels and restore the flow of healthy, oxygenated blood to the heart. In doing so, EECP reduces or eliminates angina, increases energy and stamina, and returns patients to activities they thought they had given up forever. EECP is the primary heart disease treatment in China, yet U.S. doctors and patients are only beginning to realize its lasting benefits. HEAL YOUR HEART WITH EECP dispenses the critical information about heart disease and answers all questions about this revolutionary treatment.

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目录:

[Heal Your Heart with EECP 下载链接1](#)

标签

评论

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书评

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