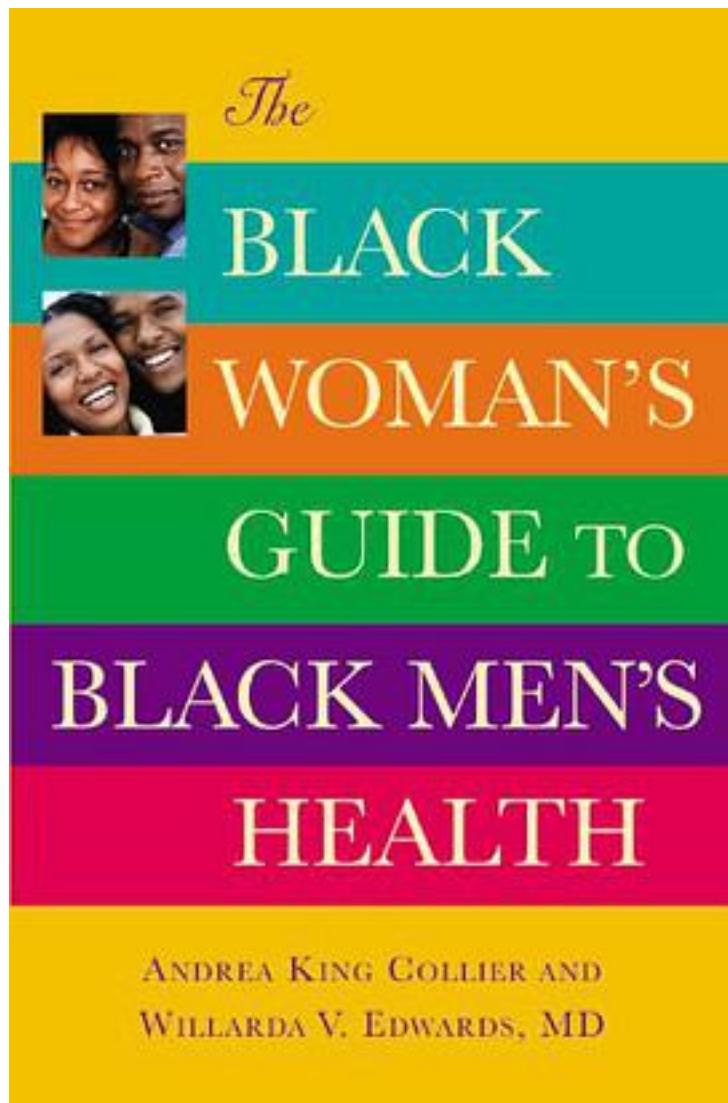


# The Black Woman's Guide to Black Men's Health



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Studies show that black men are more likely to seek medical attention, follow a healthy diet and take prescribed medications if there is a woman in their lives. In short, black women are the key to saving their man's lives. The first of its kind, this guide is packed with valuable info, advice and personal stories from celebrity and non-celebrity women about their men's health issues. It's divided into chapters covering key health topics that affect black men, such as certain cancers, obesity, heart disease, diabetes, stroke, Alzheimer's disease, mental health, substance abuse, HIV/AIDS and violence against young black men. The book provides strategies for building health partnerships within the home and community and each chapter covers a specific health topic.

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目录:

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