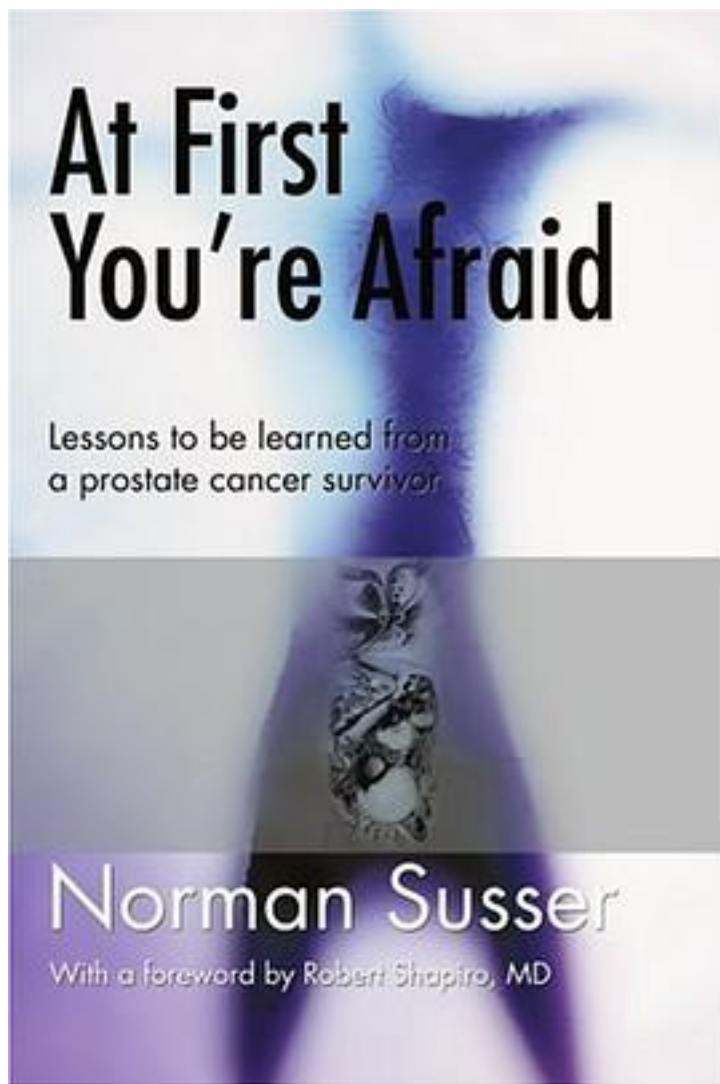


# At First You're Afraid



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As the saying goes, 'knowledge is power.' With "At First You're Afraid," you will share in, and benefit by, profound insights in dealing with prostate cancer should it ever touch you, your friends, or your loved ones. "At First You're Afraid" is the compelling story of the author's journey through diagnosis, treatment, and recovery from this disease. The American Cancer Society estimates that during 2005 about 232,090 new cases of prostate cancer will be diagnosed in the United States. One man in six will be diagnosed with prostate cancer during his lifetime. This book provides an extremely candid account of the author's experiences through his unique vantage point. "I think this book will be very helpful for patients to read prior to undergoing counseling and treatment for prostate cancer, in that it may help them to have more appropriate and accurate expectations. I think the medical accuracy of the book is extremely good and his medical references are appropriate." -Robert H. Shapiro, M.D. Scottsdale Center for Urology Powerful information: How a PSA test can save your life Treatment Choices The Hospital-what to expect Dealing with erectile dysfunction Post surgical 'do's and 'don't's Easy to read and understand

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