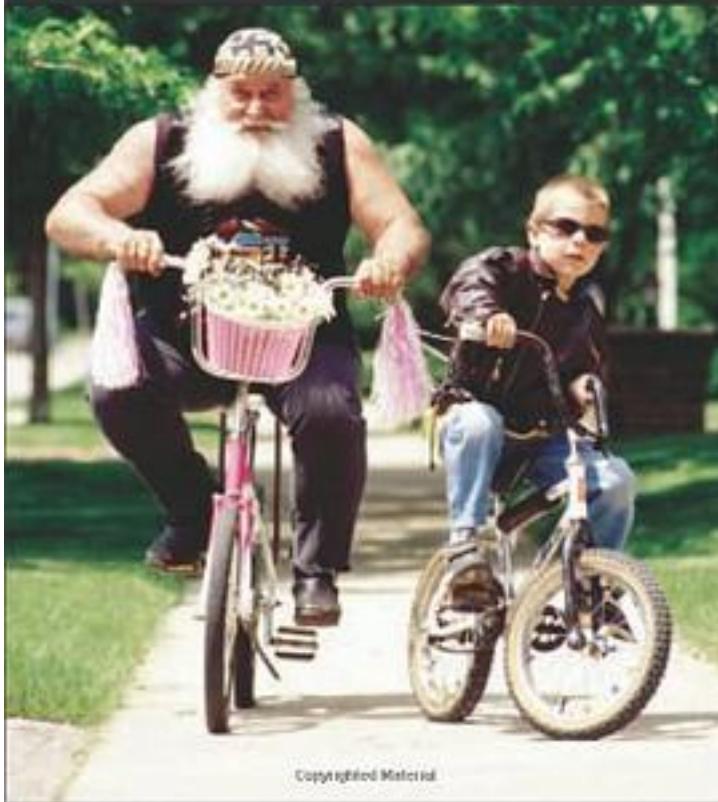


The Denial of Aging

MURIEL R. GILLICK, M.D.

The Denial of Aging

Perpetual Youth, Eternal Life, and Other Dangerous Fantasies



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Someday, as Muriel Gillick points out in this important yet unsettling book, you too will be old. How do you prepare? What will you need? With passion and compassion, Gillick chronicles the stories of elders who have struggled with housing options, with medical care decisions, and with finding meaning in life. Skilfully incorporating insights from medicine, health policy, and economics, she lays out action plans for individuals and for communities. Most provocatively, Gillick argues against desperate attempts to cure the incurable. Care should focus on quality of life, not whether it can be prolonged at any cost.

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