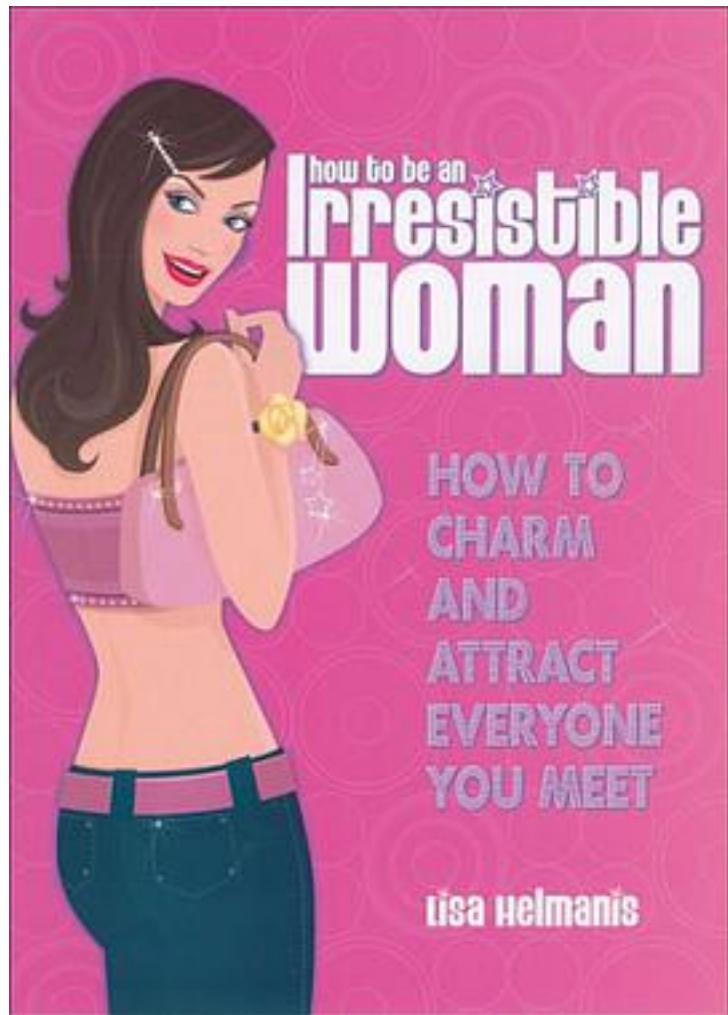


How to Be an Irresistible Woman



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Personal magnetism is one of the most essential components in finding a fulfilling job,

long-lasting friends, and true love--it's the oil that greases the wheels of life. In this book, you will learn something more valuable than mere acts of persuasion; you will discover the techniques and skills to become irresistibly attractive and super confident, not just for the pleasure of others but your own as well. Chapters on communication, confidence, body language, working your assets, and handling the hard stuff show you how to engage others, make the best impression every time, and play to your strengths in all situations, whether work, play, romance, family, or friendships. Lisa Helmanis, editor of Britain's Inside Out magazine, was previously Lifestyle Editor for Conde Nast Brides.

作者介绍:

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