

# SPA



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Spas are no longer a luxury item. Today they attract an ever wider public including architects and interior designers who view these spaces as the new temples of the modern era. Far from being a simple hedonist purpose, spas are currently viewed as real health centers, where physical and mental health meet. Moreover, these concepts

are presented as a valued parenthesis in the stressful daily routine. Indeed, the number of people that attend spas steadily increases year after year and, with them, the places where such services are installed such as hotels and resorts and even gymnasiums, beauty clinics and health centers. Discover the most amazing and attractive therapy and relaxation centers in Spas: Beauty, Health and Design, located by the sea, the mountain or in the heart of cities, erected as pillars of the emerging "culture of wellbeing".</p>

作者介绍:

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