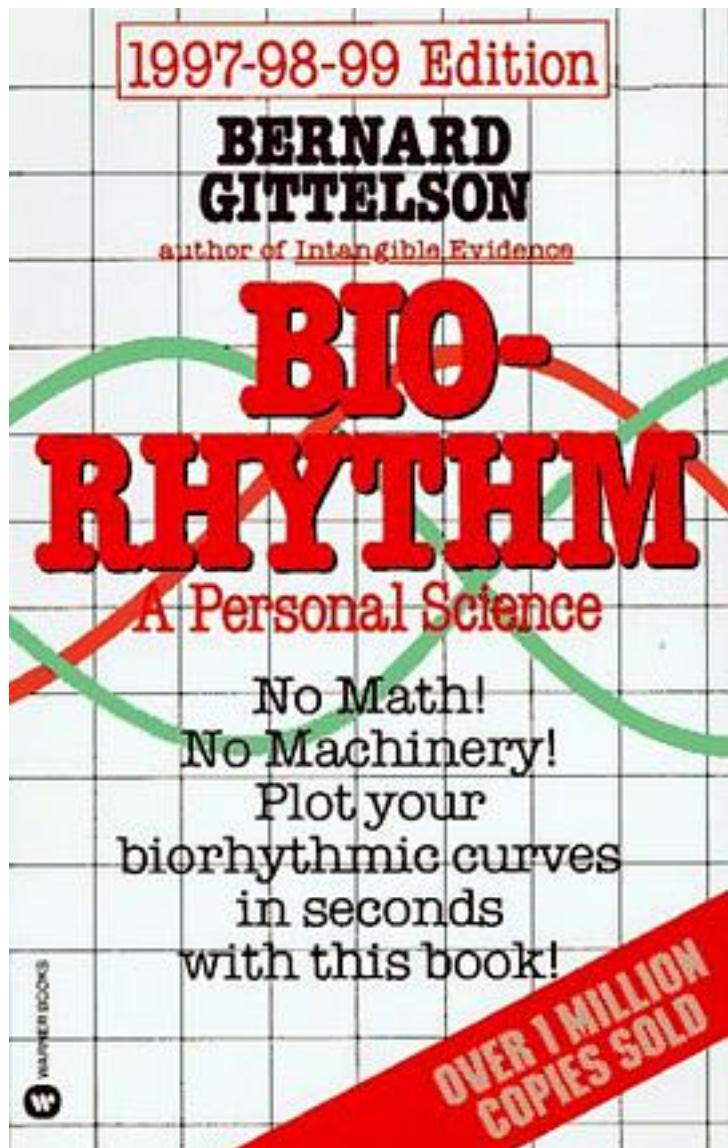


Biorhythm



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The computerized study of biological clocks is an established scientific discipline. It forecasts when you will be at your best and worst, helping you prepare for the unpredictability of life. Through clear, comprehensive explanations and instructions, this guide provides details on how biorhythms can help alleviate emotional stress, biorhythm charts for the next three years, compatibility tables that explain the important role biorhythms play in personal relationships, and more.

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