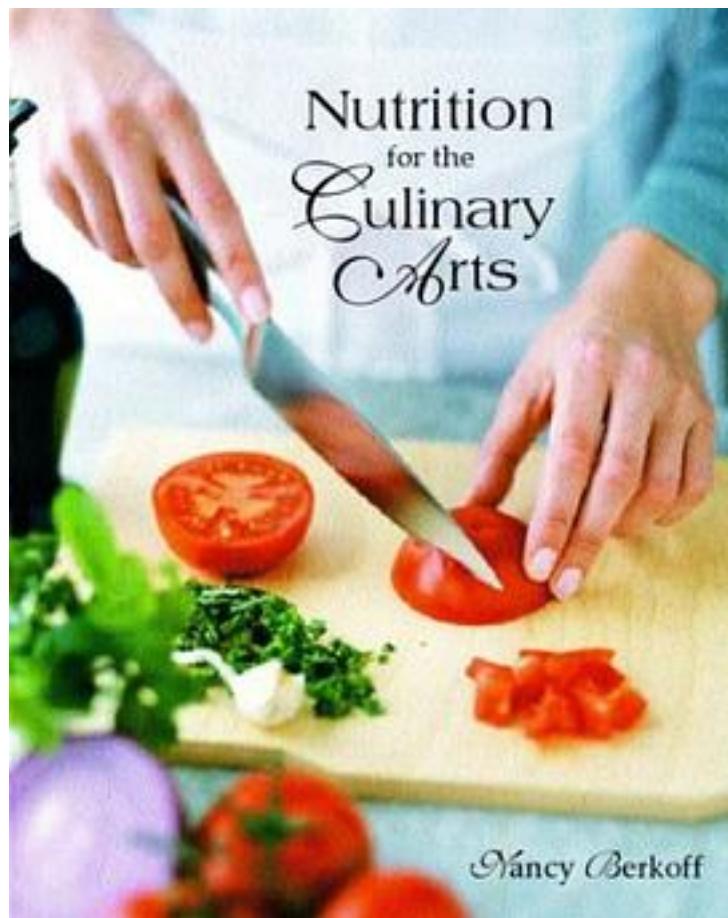


Nutrition for the Culinary Arts



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For courses in Nutrition and Culinary Arts. Combining the science of nutrition with the art of culinary professions, this text provides a balanced overview of culinary nutrition. It contains the needed background for the design of healthy menus and recipes, the marketing of healthy food programs, and the training of food-service staff in healthy

preparation and service techniques.

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