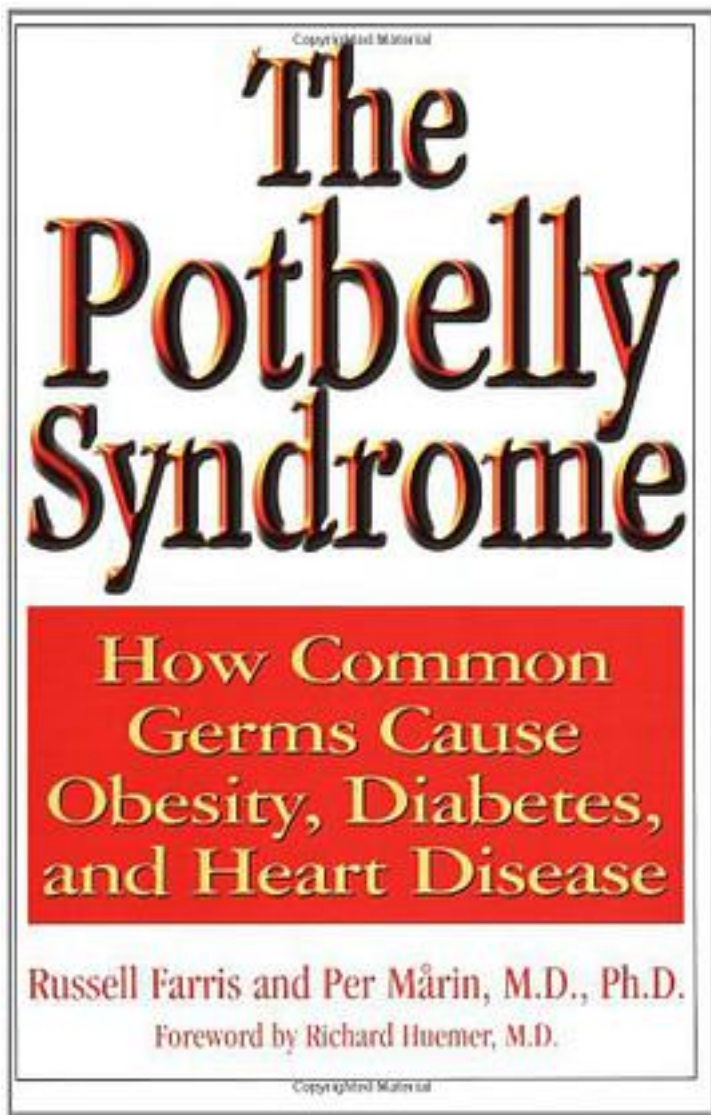


The Potbelly Syndrome



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The authors introduce readers to some common germs that are very likely residing in their bodies. They explain how these infections cause a chronically elevated cortisol level with all its negative effects, eventually leading to the potbelly syndrome. It explains what steps readers can take to protect themselves. The authors also address other causes of high cortisol levels, since these contribute even further to ill health. The book clarifies the cause of hypercortisolism so that readers can do something about it.

作者介绍:

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