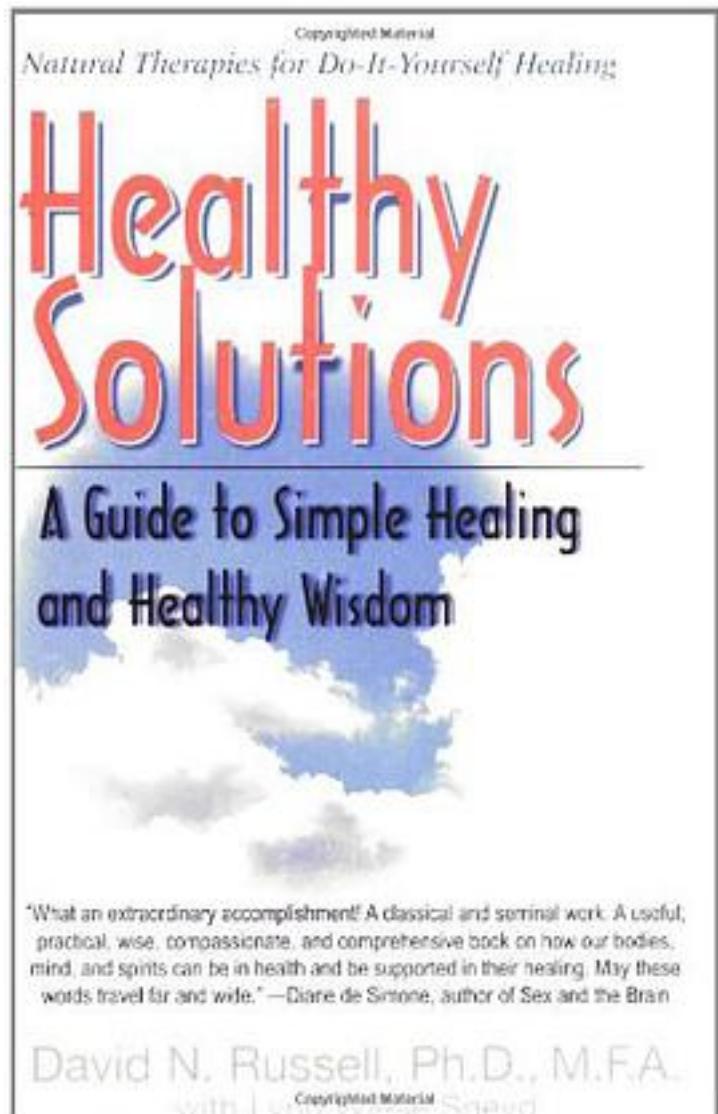


Healthy Solutions



[Healthy Solutions_ 下载链接1](#)

著者:David Russell

出版者:Basic Health Publications

出版时间:2006-5-15

装帧:Paperback

isbn:9781591201083

The information in Healthy Solutions can help readers maintain and enhance their own health. Readers will come to understand how natural medicine views health, disease, and healing. Also, how to interpret the body's reaction to illness, and become familiar with self-care remedies for more than 50 health conditions. Explains how to use homopathic tissue salts for treating symptoms, and how to master the therapeutic uses of herbs, spices, and foods.

作者介绍:

目录:

[Healthy Solutions_下载链接1](#)

标签

评论

[Healthy Solutions_下载链接1](#)

书评

[Healthy Solutions_下载链接1](#)