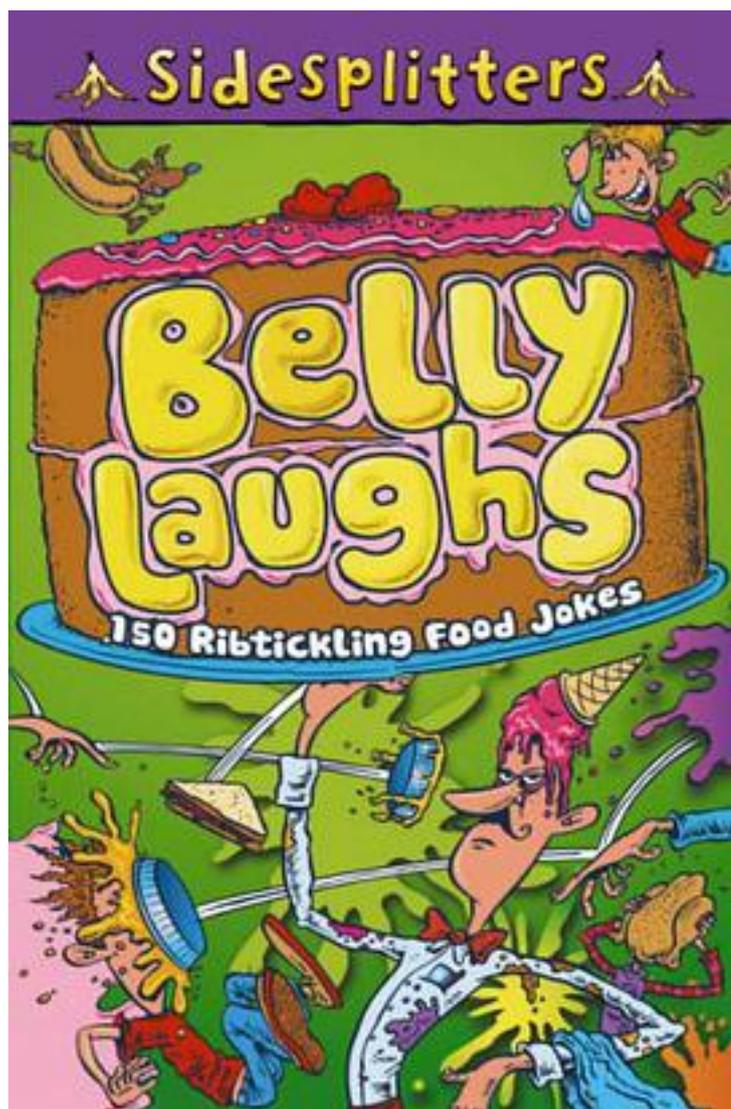


Belly Laughs



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著者:Jenny McCarthy

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The acclaimed national bestseller—a no-holds-barred account of what you can really expect when you're expecting. Oh, the joys of pregnancy! There's the gassiness, constipation, queasiness, and exhaustion, the forgetfulness, crankiness, and the constant worry. Of course, no woman is spared the discomforts and humiliations of pregnancy, but most are too polite to complain or too embarrassed to talk about them. Not Jenny McCarthy! In the New York Times best-selling *Belly Laughs*, actress and new mother Jenny McCarthy reveals the naked truth about the tremendous joys, the excruciating pains, and the unseemly disfigurement that go along with pregnancy. Never shy, frequently crude, and always laugh-out-loud funny, McCarthy covers it all in the grittiest of girlfriend detail. From morning sickness and hormonal rage, to hemorrhoids, pregnant sex, and the torture and sweet relief that is delivery, *Belly Laughs* is must-read comic relief for anyone who is pregnant, who has ever been pregnant, is trying to get pregnant, or indeed, has ever been born!

作者介绍:

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标签

育儿

评论

很可爱。作者主要是在讲怀孩子的体验，尤其是像背痛抽筋放屁拉屎这一类的事情。生孩子那一章写得尤其好。

Jenny McCarthy is crazy but this book is worth reading. Esp. astonished by the poop story lol.

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书评

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